

CURRICULUM VITAE

Shorouk Mohsen Mohamed Hassan Gomaa

PERSONAL INFORMATION

Current position : Assistant Lecturer, Public Health and Community Medicine
Department, Faculty of Medicine, Mansoura University, Egypt.
Date of Birth (M/D/Y) : 08/01/1990
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OBJECTIVES

- Seeking a challenging university to pursue my graduate studies in the field of Public Health and Preventive Medicine leading to the Ph.D. degree in order to add to the science, offer growth opportunities and expand my knowledge.

SCIENTIFIC DEGREES

- **September 2007 – March 2014 : (M.B.B.Ch in Medicine and Surgery):**
 - Degree: M.B.B.Ch in Medicine and Surgery (2013). Faculty of Medicine, Mansoura University, Mansoura -Egypt.
 - Grade {Excellent with honor's degree 91.1%}.
 - Ranked {27th in 1200 students}
- **March 2014 – February 2015:**
 - House officer in Mansoura University Hospitals.
- **October 2016: (M.Sc. First part in Public Health and Preventive Medicine):**
 - Enrolled in M.Sc. First part in Public Health and Preventive Medicine.
 - Successfully completed the first part of the Master's Degree in Public Health and Preventive Medicine with 3.9 GPA out of 4.
 - Ranked {1st}
 - Faculty of Medicine, Department of Public Health and Preventive Medicine, Mansoura University, Mansoura, Egypt.
- **January 2017 – April 2018: (M.Sc. Thesis):**
 - Completed the Master thesis, Faculty of medicine, Mansoura University, Mansoura, Egypt.
- **March 2019: (M.Sc. Second part in Public Health and Preventive Medicine):**
 - Successfully completed Master Degree of Public Health and Preventive Medicine and Social Medicine with general grade A- GPA 3.986 out of 4.

PROFESSIONAL EXPERIENCE

➤ **March 2014 – February 2015:**

- House officer in Mansoura University Hospitals.
- Responsibilities: one-year clinical training in the following 6 departments (2 months each): Internal Medicine, General Surgery, Pediatrics, Gynecology and Obstetrics, Emergency and Anaesthesia, Ophthalmology and Dermatology.

➤ **June 2015 – April 2019:**

Position: **Demonstrator** of Public Health and Preventive Medicine. Public Health and Community Medicine department.

Responsibilities:

- ✓ **Instructed the following courses for undergraduate students:**
 - Epidemiological methods.
 - Medical statistics.
 - Epidemiology of communicable and non-communicable diseases.
 - Communication and health education.
 - Nutrition in health and disease.
 - Quality management.
 - Primary health care programs.
 - Environmental health.
 - Occupational health.
- ✓ **Field training of under-graduate medical students (of 4th year) in:**
 - Urban and Rural Primary Health Care Centers and Units.
 - Visits to MOH Blood Bank.
 - Mansoura Fever Hospital.
 - Mansoura Chest Hospital.
 - Water purification station.
- ✓ **Shared in preparing Multiple Choice Questions bank for under-graduate medical students (of 4th year).**
- ✓ **Research thesis for the Master degree (M.Sc.).**

➤ **May 2019 - present:**

Position: **Assistant Lecturer** (Teaching assistant) of Public Health and Preventive Medicine, Public Health and Community Medicine department. Faculty of Medicine, Mansoura University, Mansoura, Egypt.

➤ **September 2020 - present:**

Position: **Member of Research support office** in the faculty.

RESEARCH EXPERIENCE

➤ **January 2017 – April 2018: (M.Sc. Thesis) entitled Quality of life and adherence to treatment among patients with chronic obstructive pulmonary disease in Mansoura Chest Hospital:**

Studying the association of quality of life and adherence to treatment among patients with chronic obstructive pulmonary disease in Mansoura Chest Hospital. The specific objectives of the study were to Measure quality of life among patients with COPD, to describe pattern of adherence to treatment among studied group and to study relationship between quality of life and adherence to treatment among studied group. A sample of 133 COPD patients was recruited from Mansoura Chest Hospital. COPD patients with at least 1-year duration were included in the study. Other inclusion criteria involved COPD diagnosis confirmed by a chest consultant. Severe cases who are not alert to answer the questionnaire, those having dementia, or those having any mental problems were excluded. The study showed impaired quality of life among COPD patients mainly due to limited ability to practice their daily activities normally. Previous hospital admission and more frequent exacerbations severely impair patients' quality of life. Adherence status of the patient mostly affected by patients' sex, previous hospital admission and duration of disease. No association was found between non adherence to treatment and QOL.

Contributions details:

- Identified and enrolled patients at chest hospital for a study of quality of life, adherence to treatment and their associated factors.

- Administered survey to eligible patients.
- Collect, organize and compile all required data.
- Conducted literature review.
- Data entry and Statistical analysis.
- Trained on conducting research studies by the faculty.
- Cultivated a number of research skills including project design, data collection through questionnaire administration and data analysis.

PUBLICATIONS

- Mohsen S, Hanafy FZ, Fathy AA, El-Gilany AH. Nonadherence to treatment and quality of life among patients with chronic obstructive pulmonary disease. Lung India 2019; 36:193-8.

Contributions details:

- Established concept and study design.
- Literature research.
- Data acquisition and analysis.
- Manuscript preparation, editing and submission.

COMPUTER SKILLS

- Experience with SPSS program.
- Some experience with MedCalc program and Epi info program.

LANGUAGE PROFICIENCY

- Arabic: (Mother tongue).
- English:

IELTS: band score 6.5.

TOEFL ITP: total score 567.