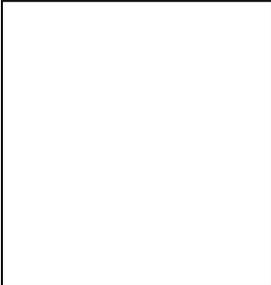




**Personal Data**



**Name:** .....  
**Department:** .....  
**Mobile Number:** .....  
**E-mail Address:** .....  
**MD Degree:**  
**Date of registration:** ...../...../.....

**Signature:**

**Head of the Department**

**Vice Dean for research and postgraduate study**

**Contents**



Section I: Scientific lectures.

Section II: Clinical Cases

Section III: Seminars.

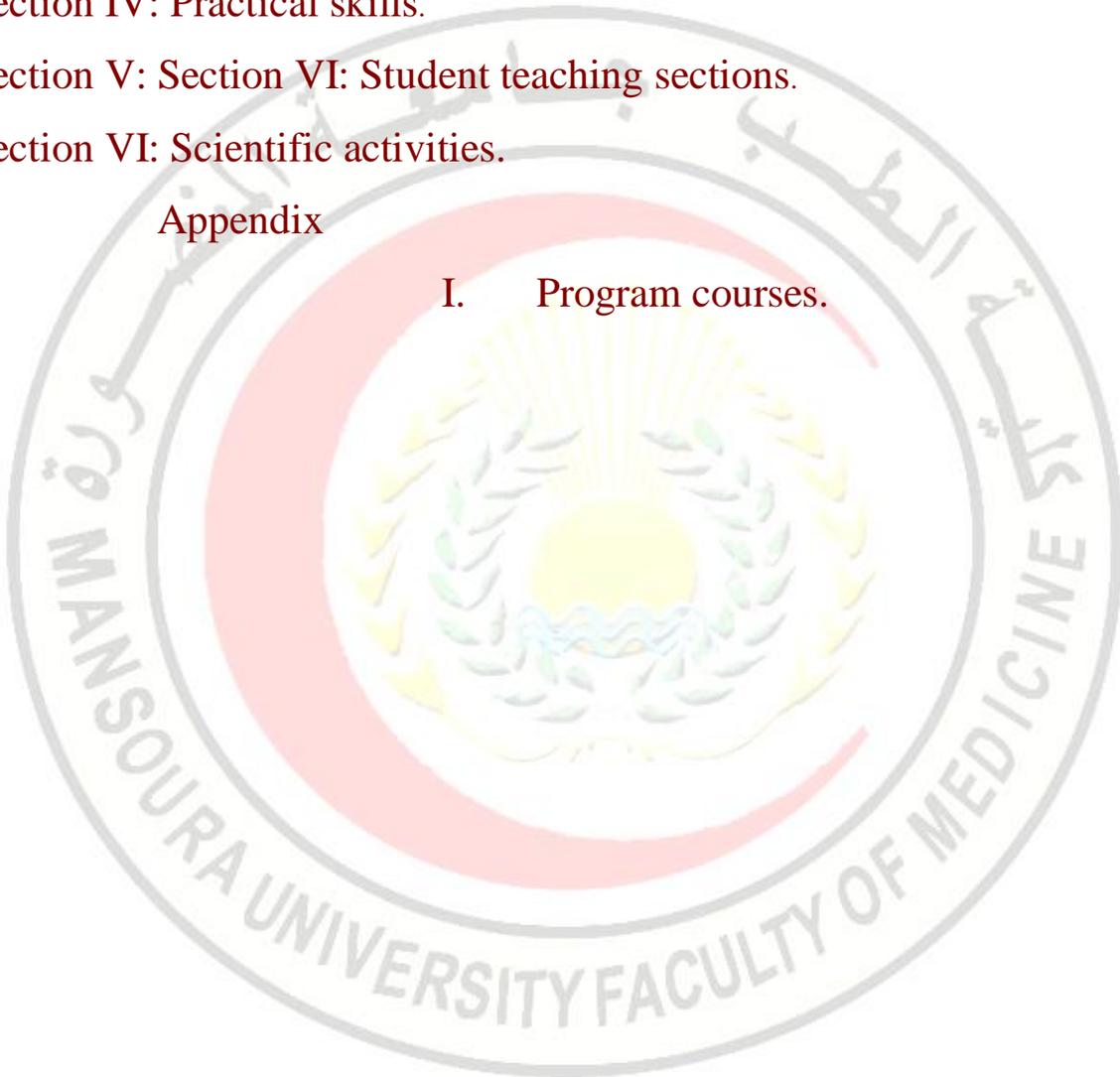
Section IV: Practical skills.

Section V: Section VI: Student teaching sections.

Section VI: Scientific activities.

Appendix

I. Program courses.





# **Section I: Scientific Lectures**



**Scientific Lectures (MD)**  
**First Part MD Psychiatry**  
**I. Psychology course**

Signature	Professor	Subjects	التاريخ	اليوم
		*The historical origins of the psychology and study of the mind,  *The social and cultural factors that shaped the scientific approach to psychology,		
		Modern-day applications of psychology.		
		Attitudes: components and measurement		
		Leadership, social influence, power and obedience.		
		Intergroup behaviour: prejudice, stereotypes and intergroup hostility.  Social identity and group membership.		



	j	*Aggression Altruism*			
		Stigma and prejudice Ethnic minorities, acculturation and mental health	Social science & Socio-cultural psychiatry		
		Ethics and philosophy in psychiatry			1
	1	Knowledge of the principles of research methods, Statistics & Epidemiology	Research Basis		
		&Evidence-Critical Appraisal based practice			
		*Information processing and attention	GENERAL PSYCHOLOGY		
		perception of *Basic principle *Thought: the possible relationship with language.			
		Stress: physiological and psychological aspects.			
		*Normality and human development	Life span		



		Cognitive abilities			
		Biological aspects of psychology			

### Psychopathology course

Signature	Professors		Subjects	التاريخ	اليوم
		*Disorders of self *Disorders of emotion	<b>Descriptive Psychopathology</b>		
		*Disorders of speech and thought *Disorders of perception			
		Movement disorders Disorders of cognition			
		Uncommon psychiatric syndromes			
		Cognitive behavioral school of psychopathology (Biases & Basis)	<b>Contemporary Schools</b>		
		Self psychology: self-concept, self-esteem and self-image.			



		Ego Psychology			
		Anxiety disorders OCD	<b>Dynamic Psychopathology</b>		1
		Eating Disorders			
		Mood disorders Schizophrenia			
		Personality Disorders			
		Types of families and Role of family pathology in psychiatric disorders			
		Role of family in different disorders			

**Physiology:**

Signature	Professors	Subjects	التاريخ	اليوم
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		Gene environment interaction		
		Higher control of autonomic , endocrine and immune systems		
		Human brain receptors		
		Signal transduction		
		Human brain circuit for executive functions		
		Human brain circuits for higher emotions		
		Human brain circuits for visual and written language		
		Human brain circuits for arousal and consciousness		
		Human brain circuits for memory		
		Human chronobiology		
		Behavioral and motivational mechanisms of the brain: the limbic system and hypothalamus		
		State of the brain activity: sleep, brain waves, epilepsy and psychosis		
		The autonomic nervous system and adrenal medulla		



## (A) Second Part: General psychiatry, Module (1)

### General

Date	Title	Supervisor's signature
	Classification systems	
	Classification systems	
	Etiology in Psychiatry	
	Genetics, functional imaging	
	Psychoimmunology	
	Psychoendocrinology	
	Investigations in Psychiatry	
	History taking	
	History taking	
	Mental state examination	
	Mental state examination	
	Rating scales in Psychiatry	
	<b>Substance related disorders</b>	
	Epidemiology, etiological basis	
	Alcohol , Amphetamine, Cannabis & Caffeine	
	Cocaine, Nicotine & Opioids	
	Other substances	
	Therapeutic interventions	



	Motivational Interviewing	
<b>Module (2)Special</b>	<b>Old age Psychiatry</b>	
	Introduction to Geriatric Psychiatry	
	Psychological aspects of geriatric physical diseases	
	Dementia, delirium	
	Mood disorders	
	Substance use, other disorders	
	Late life Psychosis	
	Role of care givers and community services	

### Module (3)

Date	General adult Psychiatry	Supervisor's signature
	Schizophrenia	
	Mood disorder	



	Anxiety disorders, OCD	
	Personality disorders	
	Sleep disorders	
	Dissociative disorders	
	Somatization , hypochondriasis	
	Eating disorders	
	Organic psychosis	
	Adjustment disorders	
<b>Special</b>	<b>Child &amp; adolescent Psychiatry</b>	
	Anxiety disorders, OCD	
	Autistic spectrum disorders	
	Childhood psychosis	
	Affective disorders	
	Conduct disorders	
	Attention deficit hyperactivity disorders	
	Autistic spectrum disorders	
	Learning disorders	
	Substance misuse disorder	
	Feeding & eating disorders infancy & early childhood Reactive attachment disorder & communication disorder	



<b>Module (4)</b>	<b>Consultation Liaison Psychiatry</b>	
	Psychiatric assessment of patients with physical illness	
	Advice to special medical services	
	The psychiatric consequences and aspects of brain disease, Damage (including stroke) and dysfunction	
	Clinical & theoretical psychiatric aspects of pain and its management	
	Care of the dying and the bereaved	
	<b>Psychosexual Psychiatry</b>	
	Non-Organic sexual dysfunction	
	Gender Identity Disorders	
<b>Special</b>	<b>Forensic Psychiatry</b>	
	Relationship between crime and mental disorder	
	Psychiatry and the criminal justice system	
	Practicing psychiatry in a secure setting	
	medico legal issues in psychiatry	
	Seclusion, confidentiality	
	Human rights legislation as it effects patients and psychiatric practice	
	How to write a report	
<b>Module (5)</b>	<b>Emergency Psychiatry</b>	
	suicide, attempted suicide, and self harm including risk assessment and risk management	



	theory and practice of crisis intervention/home treatment	
	differential diagnosis in emergency situations	
	treatment methods in emergency situations	
<b>Special</b>	<b>Therapies in Psychiatry (psychopharmacology)</b>	
	Principles of prescribing psychoactive drug	
	Pharmacokinetics and pharmacodynamics of drugs	
	Electroconvulsive therapy	
	Adverse drug reactions	
	<b>Psychotherapies</b>	
	Dynamic therapy	
	Family therapy	
	Cognitive behavioral therapy	
	Group therapies	
	Other therapeutic models	
	<b>Community services</b>	
	Preventive strategies in Psychiatry	
	Cultural Psychiatry	



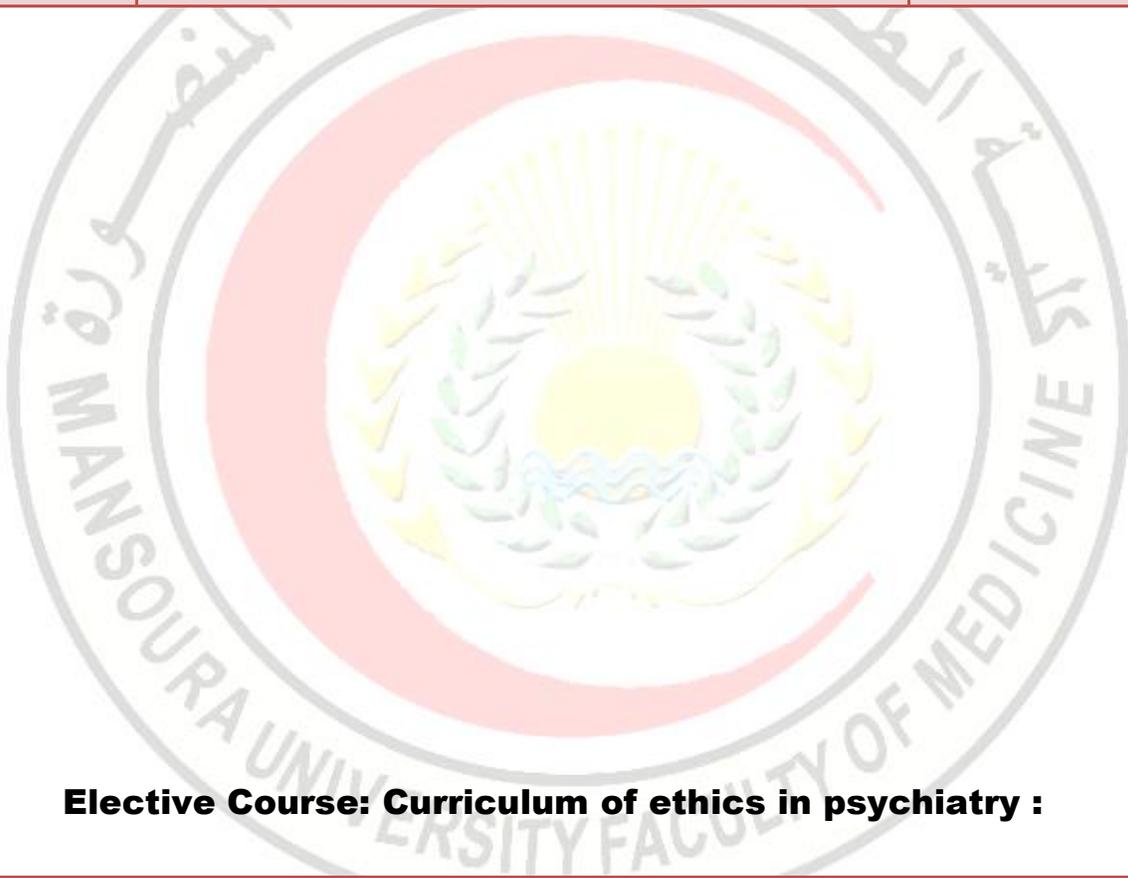
**Module (6)**

**Elective courses: Essentials of Child and Adolescent Psychopathology:**

Date	Title	Supervisor's signature
	<b>Introduction to Child and Adolescent psychopathology: Development, Theories, and Influences</b>	
	<b>Introduction to Child and Adolescent psychopathology: Development, Theories, and Influences</b>	
	<b>Issues in clinical decision making: Diagnosis, Assessment,</b>	
	<b>Treatment of Childhood and Adolescent disorders</b>	
	<b>Neurodevelopmental disorders</b>	
	<b>Anxiety disorders</b>	
	<b>obsessive – compulsive and related disorder</b>	
	<b>Somatic symptom and related disorder</b>	
	<b>Disorders of mood: Depression and bipolar disorder</b>	
	<b>Disruptive behavior disorders</b>	
	<b>Feeding and eating disorders</b>	



	<b>Substance – related disorders</b>	
	<b>Trauma and stressor related disorders</b> <b>Children of diverse cultures</b>	
	<b>Individuals with disabilities: education &amp; improvement of act</b>	



**Elective Course: Curriculum of ethics in psychiatry :**

<b>Date</b>	<b>Title</b>	<b>Supervisor's signa</b>
	<b>Informed consent</b>	
	<b>patients' rights</b>	



	<b>Legal competency of the mentally ill patients</b>	
	<b>Conflict of interest</b>	
	<b>Euthanasia</b>	
	<b>Confidentiality</b>	
	<b>Scientific publication</b>	
	<b>Informing the patient</b>	
	<b>Forced treatment</b>	
	<b>Forced hospitalization</b>	
	<b>Unnecessary treatment</b>	
	<b>Unnecessary hospitalization</b>	
	<b>Hospitalization of prisoners</b>	
	<b>Medical certificate</b>	
	<b>Expert testimony</b>	



# Section II: Clinical Cases





### List of requirements (may include multiple pages)

Name of the case	Total number required	No. of cases to plan and carry out	No. of cases to carry out	No. of cases to carry out under supervision
Attention deficit hyperactivity disorder	25	5	5	15
Adult ADHD	10	2	3	5
Intellectual disability	25	5	5	15
Autistic spectrum disorder	25	5	5	15
Schizophrenia	70	10	10	50
Childhood onset schizophrenia	10	2	3	5
Brief psychotic disorder	30	5	5	20
Schizophreniform	30	5	5	20
Delusional disorder	30	5	5	20



<b>Bipolar I</b>	<b>70</b>	<b>10</b>	<b>10</b>	<b>50</b>
<b>Bipolar II</b>	<b>30</b>	<b>5</b>	<b>5</b>	<b>20</b>
<b>Major depressive disorder</b>	<b>70</b>	<b>10</b>	<b>10</b>	<b>50</b>
<b>Generalized anxiety disorder</b>	<b>70</b>	<b>10</b>	<b>10</b>	<b>50</b>
<b>Social anxiety disorder</b>	<b>20</b>	<b>5</b>	<b>5</b>	<b>10</b>
<b>Specific phobia</b>	<b>20</b>	<b>5</b>	<b>5</b>	<b>10</b>
<b>Panic disorder</b>	<b>30</b>	<b>5</b>	<b>5</b>	<b>20</b>
<b>Obsessive compulsive disorder</b>	<b>70</b>	<b>10</b>	<b>10</b>	<b>50</b>
<b>Conversion disorder</b>	<b>50</b>	<b>10</b>	<b>10</b>	<b>30</b>
<b>Somatic symptom disorder</b>	<b>60</b>	<b>10</b>	<b>10</b>	<b>40</b>
<b>Illness anxiety disorder</b>	<b>50</b>	<b>10</b>	<b>10</b>	<b>30</b>
<b>Body dysmorphic disorder</b>	<b>10</b>	<b>2</b>	<b>3</b>	<b>5</b>
<b>Anorexia nervosa</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>3</b>
<b>Bulimia nervosa</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>3</b>



<b>Substance use disorder</b>	<b>70</b>	<b>10</b>	<b>10</b>	<b>50</b>
<b>Paranoid personality disorder</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>3</b>
<b>Schizoid personality disorder</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>3</b>
<b>Schizotypal personality disorder</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>3</b>
<b>Antisocial personality disorder</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>3</b>
<b>Obsessive personality disorder</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>3</b>
<b>Histrionic personality disorder</b>	<b>5</b>	<b>1</b>	<b>1</b>	<b>3</b>
<b>Borderline personality disorder</b>	<b>10</b>	<b>2</b>	<b>3</b>	<b>5</b>



**Clinical case log (multiple pages)**

(Under each case insert a number of rows equal to the no. of cases required)

Case 1 .....			
Level of participation	Date	Location	Signature of supervisor
Case 2:.....			




**Level of participation:**

Plan and carry out

Carry out

Carry out under supervision

**The candidate must have the ability to conduct the following skill (assessed by the supervisors staff):**

**-Be able to perform specialist assessment of patients and document relevant history and mental state examination on culturally diverse to develop an individualized assessment and treatment plan through the following steps:**

**a- Eliciting a complete clinical history, including psychiatric history, that identifies the main or chief complaint,**

**the history of the present illness,**

**the past psychiatric history, medications, general medical history,**

**review of systems,**

**substance abuse history,**

**forensic history,**



**family history, personal,**

**social and developmental history and sexual history**

**b- Elicit and record the components of mental state examination**

**c-Acquiring the ability to recommend relevant investigation and the ability to develop and document an investigation plan including**

**-appropriate medical, laboratory investigation**

**- Radiological an investigation**

**-psychological investigations**

**d-Have the ability to construct formulations of patients' problems that include psychopathological perspective with appropriate differential diagnoses**

**e- Construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains**

**Cognitive impairment(with MMSE and detailed management plane)**

**Each case will be assessed by one senior staff (60% to pass otherwise it will be repeated in the next semester**

**-Participation in at least one journal club (presenting advanced paper with explanation of its basic research method)**



# **Section III:**

# **Seminars**









**Seminar performance:**

**List of requirements : 10**

Date	Title	Supervisor's signature




**Seminar performance:**

Date	Title	Supervisor's signature






# Section IV:

## Practical skills

(Timetable of practical sessions or training courses)

**Clinic attendance :list of requirements:**

**General clinic : 120**

**Child and adolescents : 50**



**Addiction :50**

**Geriatric :30**

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**Child and adolescence clinic attendance: list of requirements:50**

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Addiction clinic attendance:

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**Geriatric clinic attendance:**



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**1-Have the ability to interpretate and present reports for least 2 EEG assessed by one senior staff**

	ECG	Date	Supervisor's signature
	EEG 1		
	EEG 2		



**2-Conducting at least TMS session (signed by one staff)**

<b>Date</b>	<b>Session</b>	<b>Role of candidate in session</b>	<b>Supervisor signature</b>

**1- Each postgraduate resident will receive supervised training (or workshop) and practice in psychotherapy employing one or more psychotherapeutic techniques/models**



**The certificate of the conference will be applied here:**



**Section V:**



# Student teaching



**Student teaching clinical round:**

**List of requirements :20**

Date	clinical round subject	Supervisor's signature









# **Section VI:**

## **Scientific activities**






**Scientific activities: (thesis discussion, conference and workshop)**

Date	Activity	Supervisor




**Scientific activities: (thesis discussion, conference and workshop)**

Date	Activity	Supervisor




**Scientific activities: (thesis discussion, conference and workshop)**

Date	Activity	Supervisor









# Appendix I: Program Courses

## First part (MD)

### Compulsory courses:

Course Title	Course code	NO. of hours per week				Total teaching hours	Method of assessment	
		Theoretical		Laboratory /practical	Field			Total
		lectures	seminars					
Physiology related to psychiatry		1				1	9h	



General psychology	SYC613 GSP	2				2	48h	
Psychopathology	PSYC 613pp	1				1	9h	
Descriptive dynamic	PSYC 613ppTa PSYC 613ppTb	1				1	9 h	

## Second part (MD)

### Compulsory courses:

Course Title	Course code	NO. of hours per week				Total teaching hours	Method of assessment	
		Theoretical		Laboratory /practical	Field			Total
		lectures	seminars					
General psychiatry	SYC613 GSP	1	1	1		3	288h	



Special Psychiatry	PSYC613 SPs	1	1			2	96h	
Child	Ta							
Geriatric	Tb							
Addiction	Tc							
Genetic	Td							
Forensic	Te							

