# Noha Mohamed Esam Hamed

## **PROFILE**

Date of Birth: 29-11-1988

Address: 9 no.5 st, from ElTeraa st, Mansoura, Egypt.

Nationality: Egyptian.

Civil Status: Married.

Passport No:

## CONTACT

#### PHONE:

+20502239282

#### **CELLULAR:**

01095045058

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#### **HOBBIES**

# Sports

# Arts

## **EDUCATION**

# Mansoura University, Faculty of Medicine

From 2017 – to present

M.D. in public health and preventive medicine

## Mansoura University, Faculty of Medicine

2014 - 2017

M.Sc. in public health and preventive medicine (degree of excellency)

#### Mansoura University, Faculty of Medicine

2011

M.B.B.Ch in medicine and surgery (degree of excellency)

## **WORK EXPERIENCE**

Mansoura University, Faculty of Medicine
(Assistant lecturer of public health and preventive medicine)
2017–to present

#### Mansoura University, Faculty of Medicine

(**Demonstrator** of public health and preventive medicine) 2013 – 2017

Family medicine center, Awish El-Hagar (General Practitioner)

2012 - 2013

Mansoura University Hospitals, Mansoura (House Officer)

2011 - 2012

## RESPONSIBILITIES

Doing the following tasks:

- Practical course teaching for medicine
- Field visits for the primary health care facilities
- Participation in the infection control committee in Mansoura University Hospitals

## TRAINING, COURSES & CERTIFICATES

Attending the following:

- Training course on "International publishing of scientific research", Mansoura University (2014).
- Medical ethics workshop at Mansoura faculty of medicine (2014)
- Training course on "Managing time and meetings", Mansoura University (2015).
- Workshop of "Technical aspects of sterilization and disinfection in operation rooms and endoscopy units", Mansoura University Children Hospital (2015)
- Training course on "Presentation skills", Mansoura University (2015).
- Training course on "Quality standards in the education process", Mansoura University (2016).
- Problem Based Learning (PBL) training course, Mansoura faculty of medicine (2016)
- Training course on "Communication skills", Mansoura University (2016).
- Think globally and act locally conference (Public health action in challenging times) at Alexandria University (2016)
- Training course on "**How to write a scientific paper**", Mansoura University (2017).
- The Academy on Systematic Reviews, nature research academies and Mansoura University (2017)

## RESEARCH AND PUBLICATIONS

- **Thesis** titled "Unmet need for family planning among women in Awish El-Hagar village, Dakahlia governorate"
- **Article** titled "Unmet need for family planning among women in rural Egypt" available at Int J Community Med Public Health. 2018 Apr;5(4):1252-1261

#### **VOLUNTEER ACTIVITIES**

- Participation in health education sessions for the nurses and healthcare co-workers in Mansoura University Hospitals
- Assistance in the research work of the medical researchers (sampling and statistical analysis of data)

## **LANGUAGES**

Arabic: Mother tongue.

English: very good with a TOEFL ITP score 597 of 677. The certificate was awarded in 2018.

The CEFR level is B2 for listening

B2 for reading

C1 for structure and written expression

C1 for the total score

# **SKILLS**

- Excellent with using computer with successfully completing the following ICDL modules (2018):
  - 1. Computer essentials
  - 2. Online essentials
  - 3. Word processing
  - 4. Presentation
  - 5. Online collaboration
  - 6. Cyber safety
  - 7. Spreadsheets
- Excellent with writing research proposal and conducting research work.
- Excellent communication skills.
- Very good with using statistical software of SPSS, Medcalc and Epi info programs.

## PERSONAL CHARACTERISTICS

- Try to do my best in anything required from me.
- Willing to learn a lot to improve my work.
- Excellent time management skills, able to plan and organize my work efficiently.
- A hard-worker with the ability to work well both independently and in a team.