



# Mansoura University Faculty of Medicine

## Log Book

Histology Department

2016 - 2017

ختم القسم

إيصال تسليم Log Book

اسم الطالب : .....

الفرقة : .....

رقم الجلوس : .....

تاريخ التسليم : .....

توقيع المستلم : .....



## رسالة الكلية

"تقديم مستوى عال التميز في التعليم والتدريب الطبي  
وتقديم خدمات صحية متميزة للمجتمع  
عن طريق المراكز الطبية المتخصصة  
وكذلك الإرتقاء بالبحث العلمي"

## رؤية الكلية

"أن نصنف إقليميا ونحقق التميز في التعليم الطبي  
والبحوث وخدمة المجتمع"

## Histology 1 Course Specifications

**Faculty :** Medicine  
**Department :** Histology & Cell Biology

**Course Specifications**

Programme(s) on which the course is given : MB.B ch.  
 Major or minor element of programmes : Histology & Cell Biology  
 Department offering the programme : Histology & Cell Biology  
 Department offering the course : Histology & Cell Biology  
 Academic year / level : 1st year Medical students  
 Date of specification approval : 24/2/2016

**A- Basic information**

Title: Histology 1 Code: HIS1  
 Lecture: 2 Tutorial: 1 Practical 1.5 Total: 4.5 (hour/week)  
 Total:  
 Lectures: 60 hours Tutorial: 35 Practical: 40

**B- Professional Information****1 - Overall Aims of Course**

This course aims to help students to know different histological tools and techniques, bases of cytogenetic, the normal structures of the cell and the four basic tissues of the body (epithelium, connective tissue, muscle tissue and nervous tissue) and apply the skill of correlating between function and structure of various tissues and their clinical significance and practical recognition of different types of tissues under light and electron microscope.

**2 – Intended Learning Outcomes of Course (ILOs)****a- Knowledge and Understanding**

- a1- Describe the basic steps in preparing and staining specimens for light and electron microscopy
- a2- Describe the histological characteristics of normal cells
- a3- Describe the structure and functions of the cytoplasmic components (membranous and non membranous cell organelles, cell inclusions)
- a4- Recognize the subunits of each nuclear component and their role in its function
- a5- Describe the process of cell division and identify the activities that control the transition from each phase of the cell cycle to the other
- a6- Differentiate between normal and abnormal karyotyping
- a7- Describe the structural characteristics of the four basic tissue types, bone & cartilage
- a8- Describe and compare between different blood elements and their development
- a9- Define and discuss the basic histological tissues of the body (General histology) and some systems in the second term (Vascular , Lymphatics, Respiratory & Reticulo-endothelial)

**b- Intellectual Skills**

- b1- Select appropriate methods to reveal specific microscopic features of cells and tissues
- b2- Correlate between histological structure & function of any cell or tissue
- b3- Interpret a complete blood picture report

**c- Professional and Practical Skills**

- c1- illustrate the instruments and techniques used to prepare and study histological specimens
- c2- Use the microscope efficiently
- c3- Handle the histological glass slides and examine them using the maximum microscopic facilities
- c4- Identify various types of stains & micro techniques
- c5- Elicit different cell organelles
- c6- Differentiate between different blood cells in blood films & recognize a differential leucocytic count
- c7- Differentiate between different types of epithelium, connective tissue cells, connective tissue proper & bone cells
- c8- Differentiate between different organs in histological slide seen under the microscope
- c9- Draw and label the structures they have seen in electron photomicrographs and under light microscope during practical classes
- c10- Elicit histological slides of tissues and organs

**d- General and Transferable Skills**

- d1- Adopt the importance of life long learning and show a strong commitment to it
- d2- Use the sources of biomedical information to remain current with advances in knowledge and practice
- d3- Collect information to enhance self study and education
- d4- Express themselves freely and adequately by improving their descriptive capabilities and presentation skills and enhancing their communication skills.

**3 Contents**

Topic	No. of hours	Lecture	Practical
<b>Introduction and Microtechniques</b>	<b>4.5</b>	<b>2</b>	<b>2.5</b>
<b>The Cell</b>	<b>20.5</b>	<b>9</b>	<b>11.5</b>
<b>Nucleus and Genetics</b>	<b>12</b>	<b>7</b>	<b>5</b>
<b>Cell Division &amp; chromosomal anomalies</b>	<b>8</b>	<b>2</b>	<b>6</b>
<b>Epithelium</b>	<b>12.5</b>	<b>5</b>	<b>7.5</b>
<b>Connective Tissue</b>	<b>10</b>	<b>5</b>	<b>5</b>
<b>Cartilage</b>	<b>3.5</b>	<b>1</b>	<b>2.5</b>
<b>Bone</b>	<b>9</b>	<b>4</b>	<b>5</b>
<b>Muscle Tissue</b>	<b>9</b>	<b>4</b>	<b>5</b>
<b>Nervous Tissue</b>	<b>11.5</b>	<b>4</b>	<b>7.5</b>
<b>Blood</b>	<b>10</b>	<b>5</b>	<b>5</b>
<b>Vascular System</b>	<b>8</b>	<b>3</b>	<b>5</b>
<b>Lymphatic System</b>	<b>9</b>	<b>4</b>	<b>5</b>
<b>Respiratory System</b>	<b>6.5</b>	<b>4</b>	<b>2.5</b>
<b>Reticulo-endothelial System</b>	<b>1</b>	<b>1</b>	<b>0</b>
<b>Total</b>	<b>135</b>	<b>60</b>	<b>75</b>

	A									B			C										D				
	A1	A2	A3	A4	A5	A6	A7	A8	A9	B1	B2	B3	C1	C2	C3	C4	C5	C6	C7	C8	C9	C10	D1	D2	D3	D4	
<b>Introduction and Microtechniques</b>	√									√			√	√	√	√										√	
<b>The cell</b>		√	√							√	√						√					√		√	√		√
<b>Nucleus and genetics</b>				√						√			√								√		√	√			√
<b>Cell division and chromosomal anomalies</b>					√	√				√			√								√			√			√
<b>Epithelium</b>							√		√	√	√								√		√	√		√			√
<b>Connective tissue</b>							√		√	√	√								√		√	√		√			√
<b>Cartilage</b>							√		√	√	√								√		√	√		√			√
<b>Bone</b>							√		√	√	√								√		√	√		√			√
<b>Muscle</b>							√		√	√	√								√		√	√		√			√
<b>Nervous tissue</b>							√		√	√	√								√		√	√		√			√
<b>Blood</b>								√			√	√						√			√			√			√
<b>Vascular system</b>									√		√									√	√	√		√			√
<b>Lymphatic system</b>									√		√									√	√	√		√			√
<b>Respiratory system</b>									√		√									√	√	√		√			√
<b>Reticulo-endothelial system</b>									√	√										√				√			√

**4 – Teaching and Learning Methods**

- 4.1- Lectures: - For large group in the auditorium.  
- For the small groups in the practical laboratory.
- 4.2- Self-learning:  
Students are divided into small groups (5 students each); each group is issued a topic for working as a team (to search on it, collect information and present it in a power point presentation) and present them in front of their peers and senior staff. A soft copy of presentation is collected at the end of the round.
- 4.3- Practical sessions to gain practical skills & drawing.

**5- Student Assessment Methods:**

Types of assessment: Assessment ILOs Matrix

	A									B			C										D			
	A1	A2	A3	A4	A5	A6	A7	A8	A9	B1	B2	B3	C1	C2	C3	C4	C5	C6	C7	C8	C9	C10	D1	D2	D3	D4
<b>Written exams: (Short essays &amp; MCQ)</b>		√	√	√	√	√	√	√	√	√																
<b>Structured Oral Exam</b>		√	√	√	√	√	√	√	√	√	√												√			
<b>Structured Practical Exams</b>	√					√				√	√	√	√	√	√	√	√	√	√	√	√	√				
<b>Course assignment: - Presentation</b>																							√	√	√	√
<b>-Practical book</b>																				√						
<b>-Log book</b>	√	√	√	√	√	√	√	√	√	√	√	√														

## Assessment Schedule

Assessment 1  
Assessment 2  
Assessment 3  
Assessment 4  
Assessment 5

MCQ mid-year assessment  
Course assignment (presentations, practical & log books)  
Final practical examination  
Final written examination+ MCQ  
Final structured oral examination

## Weighting of Assessments

Assessment 1	13.3 %	20 degrees
Assessment 2	6.7 %	10 degrees
Assessment 3	20%	30 degrees
Assessment 4	50 %	75 degees (50 Short essays(67%) + 25 MCQ (33%))
Assessment 5	10%	15 degrees
Total	100 %	150 degrees

**6 – List of References**

- 6.1- Course Notes  
 6.2- Essential Books (Text Books)  
 6.3- Recommended Books                      Basic Histology, Bloom & Fawcet Histology and Ham's Histology  
 6.4- Periodicals, Web Sites <http://www.med-ed-online.org>

**7 – Facilities Required for Teaching and Learning**

- 7.1- Over head projector  
 7.2- Data show power point  
 7.3- Board and chalk  
 7.4- Smart board  
 7.5- Microscopes, histological slides  
 7.6- Library  
 7.7- CDs  
 7.8- Internet

**Course Coordinator :** **Dr. Samar Asker**  
**Dr. Dalia Abdelrahman Shabaan**

**Head of Department :** **Dr. Salwa Gawish**

**24/2/2016**



## Blueprint

توزيع الدرجة الكلية للإمتحان التحريري للفرقة الأولى على موضوعات المقرر طبقاً لـ

موضوعات المقرر التي سيتم تدريسها:

Topics actually taught	No. of hours	Lecturers
Introduction and Microtechniques	2	أ.د. سلوى جاويش
The Cell	9	أ.م. سمر عادل عسكر د. نهلة رضا
Nucleus and Genetics & chromosomes	7	أ.د. سلوى جاويش د. نسرين مصطفى
Cell Division	2	د. أماني الهواري
Epithelium	5	أ.د. عوني حسن يسن
Connective Tissue	5	أ.د. داليا رفعت البسيوني
Cartilage	1	أ.د. أمل مصطفى
Bone	4	أ.د. أمل مصطفى
Muscle	4	د. أحمد عبد الحميد
Nervous Tissue	4	أ.د. عصام عبد المجيد المهندس
Blood	5	أ.د. أماني سامح اللقاني
Vascular System	3	أ.د. زينب عبد الحي صفارة
Lymphatic System	4	أ.د. درية أحمد نصير
Respiratory System	4	د. علاء لطفي
Reticulo-endothelial System	1	د. داليا شعبان
Total	60	

عدد الساعات التدريسية النظرية لموضوعات المقرر =

= + + = درجات الإمتحانات النظرية

= / = الوزن النسبي للساعة التدريسية الواحدة =



<b>Topics actually taught</b>	<b>No. of hours</b>	<b>R.W.X Hour</b>	<b>Grades assigned</b>
<b>Introduction and Microtechniques</b>	<b>2</b>	<b>2 X 1.6</b>	<b>3</b>
<b>The Cell</b>	<b>9</b>	<b>9 X 1.6</b>	<b>14</b>
<b>Nucleus and Genetics</b>	<b>7</b>	<b>7 X 1.6</b>	<b>11</b>
<b>Cell Division</b>	<b>2</b>	<b>2 X 1.6</b>	<b>3</b>
<b>Epithelium</b>	<b>5</b>	<b>5 X 1.6</b>	<b>8</b>
<b>Connective Tissue</b>	<b>5</b>	<b>5 X 1.6</b>	<b>8</b>
<b>Cartilage</b>	<b>1</b>	<b>1 X 1.6</b>	<b>1.6</b>
<b>Bone</b>	<b>4</b>	<b>4 X 1.6</b>	<b>6.4</b>
<b>Muscle</b>	<b>4</b>	<b>4 X 1.6</b>	<b>6.4</b>
<b>Nervous Tissue</b>	<b>4</b>	<b>4 X 1.6</b>	<b>6.4</b>
<b>Blood</b>	<b>5</b>	<b>5X 1.6</b>	<b>8</b>
<b>Vascular System</b>	<b>3</b>	<b>3 X 1.6</b>	<b>4.8</b>
<b>Lymphatic System</b>	<b>4</b>	<b>4 X 1.6</b>	<b>6.4</b>
<b>Respiratory System</b>	<b>4</b>	<b>4 X 1.6</b>	<b>6.4</b>
<b>Reticulo-endothelial System</b>	<b>1</b>	<b>1 X 1.6</b>	<b>1.6</b>
<b>total</b>	<b>60</b>		<b>95</b>

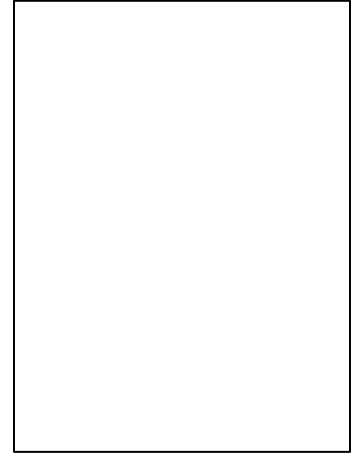
**Head of Department:**

**Dr. Salwa Gawish**

**Signature**

**30/3/2016**

**Mansoura university**  
**Faculty of medicine**  
**Histology and cell Biology Department**



**Student's Name :**

**Address :**

**E-mail :**

**Serial Number :**

**Classroom Teaching Group :**

**Attendance Ratio :**

**Head of the Department :**

# Curriculum Content

## **Histology and Cell Biology Course**

- ◆ **Theoretical Topics (Lectures):** 60 hours
- ◆ **Practical Course:** 60 hours

### **Academic Teaching Materials :**

**Introduction and Micro techniques**

**Histology of the cell**

**Histology of Nucleus and Genetics**

**Histology of Cell Division & chromosomal anomalies**

**Histology of Epithelium**

**Histology of Connective tissue**

**Histology of Cartilage**

**Histology of Bone**

**Histology of Muscle Tissue**

**Histology of Nervous Tissue**

**Histology of Spinal Blood**

**Histology of Vascular system**

**Histology of Lymphatic system**

**Histology of Respiratory system**

**Reticulo- endothelial system**

### **Practical Course**

**Staining techniques types of microscopes**

**Structure of the cell**

**Structure of Nucleus and Genetics**

**Structure of Cell Division & chromosomal anomalies**

**Structure of Epithelium**

**Structure of Connective tissue**

**Structure of Cartilage**

**Structure of Bone**

**Structure of Muscle Tissue**

**Structure of Nervous Tissue**

**Structure of Spinal Blood**

**Structure of Vascular system**

**Structure of Lymphatic system**

**Structure of Respiratory system**

## Intended Learning Outcomes of Course

### ◆ Knowledge and Understanding

- 1- Enlist the basic steps in preparing and staining specimens for light and electron microscopy.
- 2- Recognize the histological characteristics of normal cells.
- 3- Identify the structure and functions of cytoplasmic components (membranous and non membranous cell organelles , cell inclusions).
- 4- Describe the subunits of each nuclear component and their role in its function.
- 5- Explain the process of cell division and identify the activities that control the transition from each phase of the cell cycle to the other.
- 6- Describe the structure characteristics of the four basic tissue types (epithelium , connective tissue , muscle tissue and nervous tissue)
- 7- Describe and classify different blood elements and discuss their development.
- 8- Discuss the basic histological tissues of body (General histology) and some system (Vascular , Lymphatics &Respiratory).

### ◆ Intellectual Skills

- 1- Choose appropriate methods to reveal specific microscopic features of cells and tissues.
- 2- Distinguish slides different from those seen during his course but of same organs previously studied.
- 3- Differentiate between normal and abnormal karyotyping.
- 4- Correlate between histological structure & function of any different cell or tissue.
- 5- Interpret a complete blood picture report.

◆ **Professional and practical skills**

- 1- Employ the instruments and techniques used to prepare and study histological specimens.
- 2- Use the microscope efficiently.
- 3- Handle the histological glass slides and examine them using the maximum microscopic facilities.
- 4- Distinguish various types of stains & microtechniques.
- 5- Distinguish different cell organelles.
- 6- Distinguish different blood cells in blood films.
- 7- Differentiate between different types of epithelium, connective tissue cells. connective tissue proper & bone cells.
- 8- Differentiate between different tissues and organs in histological slide seen under the microscope.
- 9- Perform a differential leucocytes count using the blood film.
- 10- Draw and label the structures they have seen in electron photomicrographs and under light microscope during practical classes.

◆ **General and Transferable Skills**

- 1- Use the sources of biomedical information to remain current with advances in knowledge and practice.
- 2- Express themselves freely and adequately by improving their descriptive capabilities through power point presentation and enhancing their communication skills through communication with their colleague during preparing the topic of presentation.

◆ **Attitude :**

- 1- Appreciate the importance of the life long learning and show a strong commitment to it.
- 2- Self study and education.

<b>Topics actually taught</b>	<b>No. of hours</b>	<b>R.W.X Hour</b>	<b>Grades assigned</b>
<b>Introduction and Microtechniques</b>	<b>2</b>	<b>2 X 1.6</b>	<b>3</b>
<b>The Cell</b>	<b>9</b>	<b>9 X 1.6</b>	<b>14</b>
<b>Nucleus and Genetics</b>	<b>7</b>	<b>7 X 1.6</b>	<b>11</b>
<b>Cell Division</b>	<b>2</b>	<b>2 X 1.6</b>	<b>3</b>
<b>Epithelium</b>	<b>5</b>	<b>5 X 1.6</b>	<b>8</b>
<b>Connective Tissue</b>	<b>5</b>	<b>5 X 1.6</b>	<b>8</b>
<b>Cartilage</b>	<b>1</b>	<b>1 X 1.6</b>	<b>1.6</b>
<b>Bone</b>	<b>4</b>	<b>4 X 1.6</b>	<b>6.4</b>
<b>Muscle</b>	<b>4</b>	<b>4 X 1.6</b>	<b>6.4</b>
<b>Nervous Tissue</b>	<b>4</b>	<b>4 X 1.6</b>	<b>6.4</b>
<b>Blood</b>	<b>5</b>	<b>5X 1.6</b>	<b>8</b>
<b>Vascular System</b>	<b>3</b>	<b>3 X 1.6</b>	<b>4.8</b>
<b>Lymphatic System</b>	<b>4</b>	<b>4 X 1.6</b>	<b>6.4</b>
<b>Respiratory System</b>	<b>4</b>	<b>4 X 1.6</b>	<b>6.4</b>
<b>Reticulo-endothelial System</b>	<b>1</b>	<b>1 X 1.6</b>	<b>1.6</b>
<b>Total</b>	<b>60</b>		<b>95</b>

## Student Assessment Methods

- 1- Written exams (short essays and MCQs)**
- 2- Oral exam**
- 3- Practical exam (identification of histological slides)**
- 4- Log Book and practical book**
- 5- Student activities**
- 6- Attendance criteria : The minimal acceptable attendance is 75%**
- 7- Formative examinations**

	Assessment Schedule	Weight	Degree
<b>Assessment 1</b>	<b>MCQ mid – year assessment</b>	<b>13.4%</b>	<b>20 degrees</b>
<b>Assessment 2</b>	<b>Activity, practical book and log book</b>	<b>6.6%</b>	<b>10 degrees</b>
<b>Assessment 3</b>	<b>Final practical examination</b>	<b>20%</b>	<b>30 degrees</b>
<b>Assessment 4</b>	<b>Final written examination</b>	<b>50%</b>	<b>75 degrees</b>
<b>Assessment 5</b>	<b>Final oral examination</b>	<b>10%</b>	<b>15 degrees</b>
<b>Total</b>		<b>100%</b>	<b>150 degrees</b>



**Week 1**

**I. The Microtechniques  
II. Staining of paraffin sections with Hematoxylin and Eosin  
III. Microscopy**

<b>Technique</b>	<b>Uses</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**What are the resolution powers of light and electron microscopes?**

**Week 2**

**The Cell Membrane & Cell Coat**

<b>LM</b>	<b>EM</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Mention the difference between the inner and outer halves of the cell membrane.**

**Week 3**

**The Mitochondria**

<b>LM</b>	<b>EM</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Describe the shape of the mitochondria by LM & the stains to identify.**

**Week 4**

**The Ribosomes**

<b>LM</b>	<b>EM</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Describe the EM picture of ribosomes.**

**Week 5**

**The Endoplasmic Reticulum (ER)**

<b>LM</b>	<b>EM</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**What are the types of ER ?**

**Week 6**

**The Golgi Apparatus**

<b>LM</b>	<b>EM</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Mention the components of Golgi apparatus by EM.**

**Week 7**

**The Lysosomes & Preoxisomes**

<b>Types</b>	<b>LM</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**What are the autophagic vacuole & heterolysosome.**

**Week 8**

**The Cytoplasmic filaments**

<b>LM</b>	<b>EM</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Mention the types of filaments in the cytoplasm.**

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**Week 9**

**The Cell Inclusions**

<b>LM</b>	<b>EM</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Describe the glycogen granules by EM ?**

**Week 10**

**The Nucleus and Cell Division**

<b>LM</b>	<b>EM</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**EM appearance of Nuclear membrane.**

**Week 11**

**The Karyotyping & Chromosomal Anomalies**

<b>Name</b>	<b>Karyotyping</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**What is the Karyotyping of Klinefelter's syndrome.**

**Week 12**

**Virtual Lab. I**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Week 13**

**The Epithelial Tissue**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Types and Sites of pseudostratified colum. epith. Why it is called pseudostratified?**

**Week 14**

**The Connective Tissue Proper**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**What are the stains of reticular C.T?**

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**Week 15**

**The Cartilage**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**What are the types of Cartilage?**

**Week 16**

**The Bone**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Mention the different arrangements of bone matrix in compact bone.**



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**Week 17**

**The Muscle Tissue**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Difference between cardiac muscle fiber & Purkinje fiber?**

**Week 18**

**The Nervous Tissue**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**What are the difference between the nerve fibers of spinal ganglion and those of autonomic ganglion?**

**Week 19**

**Virtual Lab. II**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Week 20**

**The Blood**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**What are the cellular components of blood ?**

**Week 21**

**The Blood Vascular System**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**What are the difference between the medium sized artery and vein?**

**Week 22**

**The Lymphatic System**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Parenchyma of Lymph node.**

**Week 23**

**The Respiratory System**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

**Assessment Question:**

**Conducting portion of the respiratory system.**

**Week 24**

**Virtual Lab.III**

<b>Slides</b>	<b>Stain</b>	<b>Date</b>	<b>Signature</b>

## Student Activity

Photo

The Type of the Student Activity:

The Topic of the Activity:

Supervisors on the Activity:

Mark sheet for the activity:

No	Item	Mark
1	Willingly understand the assigned tasks.	0.5
2	Contributed positively to group discussion	0.5
3	Overall was a valuable member of the group	0.5
4	Worked well with other group members	0.5
5	Completed work on time or made alternative arrangement	0.5
6	The work accurately and completely done	0.5
7	The work contained data more than the department book	1.0
8	Quality of the completed work	1.0
Total Marks		5

Date	Signature

## Assessment

	<b>Mark</b>	<b>Signature</b>
<b>Practical book and log book</b>		
<b>Presentation activity</b>		
<b>Oral examination</b>		