



COURSE SPECIFICATION (Pulmonary rehabilitation)

Faculty of Medicine-Mansoura University

(A) Administrative information

(1) Programme offering the course.	MD degree of chest medicine
(2) Department offering the programme.	Chest Medicine Department
(3) Department responsible for teaching the course.	Chest Medicine Department
(4) Part of the programme.	Second Part (elective course)
(5) Date of approval by the Department's council	15-3-2016
(6) Date of last approval of programme specification by Faculty council	9-8-2016
(7) Course title:	Pulmonary rehabilitation
(8) Course code:	CHEST611PR
(9) Credit hours.	1credit hours
(10) Total teaching hours:	15 h

Professional information

(1) Course Aims:

The broad aims of the course are as follows: (either to be written in items or as a paragraph)

- 1- To produce graduate able to acquire the competence and experience to effectively do pulmonary rehabilitation.
- 2- TO provide the graduate with the Update in techniques for pulmonary rehabilitation.

(2) Intended Learning Outcomes (ILOs):

Intended learning outcomes (ILOs); Are four main categories: knowledge & understanding to be gained, intellectual qualities, professional/practical and transferable skills.

On successful completion of the course, the candidate will be able to:

A- Knowledge and Understanding

A1-Recognize definition, rationale, indications & adverse effects

A2-recognize Patient selection and assessment Patient education Exercise training and

Psychosocial support as a component of PRP

A3-recognize program location and duration

A4-identify indication, contraindications, advantages and disadvantages program in different chest diseases

B- Intellectual skills

B1- Expect the benifit from pulmonary rehabilitation.

B2- describe the best way to do rehabilitation techniques.

B3-able to select proper technique in each chest diseases

(3) Course content:

Subjects		Lectures	Total Teaching
			Hours
	ulmonary rehabilitation: definition, rationale, adications & adverse effects	2	
2. Co	omponents of PRP:		
•	Patient selection and assessment	1	
•	Patient education	1	
•	Exercise training	1 1	
•	Psychosocial support	2	
•	Other aspects of pulmonary rehabilitation:	2	
	 Facilitating smoking cessation 		
	 Optimizing pharmacotherapy 		
	 Increasing physical activity 		
	 Improving body composition 		
	 Advance care planning 	1	
M	ocation of program, program duration & Long-Term laintenance of Benefits from Pulmonary ehabilitation	1	
4. O	outcomes Assessment	1 1	
•	Patient-centered outcomes		

		Total
Subjects	Lectures	Teaching
		Hours
Program outcomes		
5. Pulmonary rehabilitation in specific problems:	1	
• COPD	1	
• BA		
Total teaching hours	15	15

(4) Teaching methods.

- 4.1: lectures, seminars, workshops
- 4.2: clinical sessions and work experience
- 4.3: Problem solving, case studies
- 4.4: directed and self directed learning activities

(5) Assessment methods.

- 5.1 Written, for assessment of knowledge and intellectual ILOS
- 5.2: MCQ continuous assessment for assessment of knowledge and intellectual ILOS
- 5.3: logbook assessment and on supervisor reports for assessment of:
- lecture attendence.
- practical and transferable skills.
- different scientific activities as attendence of workshop, conferences, seminarss and theisis discussions attendence.

mark of each Assessment:

MCQ 5

Written exam: 20

Total: 25

(6) References of the course.

- 6.1: Hand books: Oxford handbook of respiratory medicine
- 6.2. Text books
 - Fishman's Pulmonary Diseases and Disorders
 - Crofton and Douglas's Respiratory Disease
 - Eagan's fundamentals of respiratory care
- 6.3: Journals: Periodicals of American Journal of Chest Diseases

 Periodicals of European Respiratory Journal

 Periodicals of Chest Medicine
- 6.4: Websites: Update guidelines of Asthma, COPD, Lung Cancer, Pulmonary Infections www.GINA.com, www.GOLD.com,
- (7) Facilities and resources mandatory for course completion.

Teaching rooms: Patients wards, Pulmonary function tests, Arterial Blood Gases, Respiratory Critical Care wards, Sleep Medicine Laboratory, Allergy Immunology Laboratory, Bronchoscopy wards.

Course coordinator.

Head of the department.

Prof. Mohamad khairy

Date: