



COURSE SPECIFICATION

Faculty of Medicine- Mansoura University

(A) Administrative information

(1) Programme offering the course:	MSC of Neurology & psychological medicine
(2) Department offering the programme:	Psychiatric department
(3) Department responsible for teaching the course:	Psychiatric department
(4) Part of the programme:	Second part
(5) Date of approval by the Department's council	21-9-2014
(6) Date of last approval of programme specification by Faculty council	9-8-2016
(7) Course title:	Elective course Adolescents
(8) Course code:	NPSYC 513Ap
(9) Credit hours	1 hour
(30) Total teaching hours:	15 hours

Professional information

(1) Course Aims:

The broad aims of the course are as follows: (either to be written in items or as a paragraph)

- 1-To ensure that graduates are able to render effective professional care to adolescents psychiatric patients.**
- 2- The graduates will possess sound clinical judgment, requisite skills and a high order of knowledge about the diagnoses, treatment and prevention of adolescents psychiatric disorders.**
- 3- Graduates must have a keen awareness of their own strengths and limitations, and recognize the necessity for continuing their own professional development.**
- 4- Residents must demonstrate interpersonal and communication skills that result in the effective exchange of information and collaboration with patients, their families and health professionals.**
- 5- Residents must be provided experiences in psychiatric emergency service, crisis evaluation and management of adolescents' psychiatric patients.**

2)Intended Learning Outcomes (ILOs)

Intended learning outcomes (ILOs); Are four main categories: knowledge & understanding to be gained, intellectual qualities, professional/practical and transferable skills.

On successful completion of the course, the candidate will be able to:

A- Knowledge and Understanding

- A1Recognize Normal aspects of development and characteristics of adolescents.**
- A2 Recognize Definition, prevalence , etiology, diagnostic criteria and effective interventions of self harm in adolescents**
- A3 Discuss, Neurobiology of addiction, Screening, & Prevention and brief intervention of substance abuse among adolescents .**
- A4 Recognize manifestations ,prevention and management of early psychosis.**
- A5 Explain the Social and psycho educational approaches for adolescent care and mental health needs**

B- Intellectual skills

B1 Interpret the most important signs and symptoms of some psychiatric Disorders (psychosis , substance related disorders, self harm) in adolescents.
B2 Analyze data ,developmental characteristics investigations and differential diagnosis to reach the diagnosis in adolescents considering psychometric results.

Course content:

Subjects	Lectures
Normal adolescence and aspects of development .	1
Normal adolescence and aspects of development	1
Characteristics of adolescents.	1
Assessment & interview of adolescent	1
Definition, prevalence and history of self harm in adolescents	1
The neurobiology and effective interventions for self harm	1
The genetics ,psychosocial, and psychiatric factors relating to adolescent suicidality and self harm.	1
Substance abuse in adolescents: risk and protective factors.	1
Preventing substance abuse among adolescents	1
Neurobiology of addiction from a developmental perspective.	1
Screening, & brief intervention for Substance abuse in adolescents.	1
The recognition and management of early psychosis.	1
preventive approaches for early psychosis	1
Social & psycho educational approaches for adolescent care & mental health needs	1
Parent training programs	1

(4)Teaching methods:

- 4.1.....Lectures.....
- 4.2.Seminars
- 4.3: Journal clubs & workshops.
- 4.4. clinical rounds for discussion of clinical cases.

(1) Assessment methods:

- 5.1....Written...40 marks.. for assessment of.....(knowledge, intellectual skills)
- 5.2....Oral.....50 marks..... for assessment of.....(knowledge, intellectual
- 5.3 MCQ 10 marks

Other assessment without marks: No

(6)References of the course:

- 6.1. Hand books: Lecture notes in psychiatry and oxford hand book of psychiatry
- 6.2: Text books: Concise synopsis of Kaplan&Sadocks .
- 6.3: Journals: British Journal of psychiatry and American Journal of psychiatry
- Websites:.....
- Others:.....

Facilities and resources mandatory for course completion.

- i. Lecture hall and data show
- ii. Clinical round halls
- iii. The library is located on the 4th floor of the Faculty of Medicine, Mansoura University.
- iv. International databases are available through the website of the university

Course coordinator: Hanan Elsayed

Head of the department: Wafaa Al-Bahei

Date:

