



Faculty of Nursing  
Mansoura University



Woman's health & midwifery nursing  
department

# **Annual Plan**

## **(Woman's Health & Midwifery Nursing Department)**

**Academic Year**  
**2023-2024**

## **First part: Education Process**

Courses to be taught by the department:

### **1.Bachelor's degree**

<b>Course</b>	<b>Instructor</b>	<b>Questioning Committee</b>	<b>Correction Committee</b>	<b>Oral</b>	<b>practical</b>
<b>Maternity &amp; gynecology nursing</b>	Assist prof. Nadia Yousef Ahmed Dr. Shima Foad Hegazy Dr.Samah Nasser Abd- Elaziz	Prof. Hanan Elsayed (external). Assist prof. Nadia Yousef Ahmed Dr. Shima Foad Hegazy. Dr. Samah Nasser Abd-Elaziz	Prof. Hanan Elsayed (external). Assist prof. Nadia Yousef Ahmed Dr. Shima Foad Hegazy. Dr. Samah Nasser Abd- Elaziz	Prof. Amina El nemer. (External). Prof. Hanan Elsayed (External). Assist. Prof. Eman Ahmed Fadel (External). Assist prof. Nadia Yousef Ahmed Dr. Shima Foad Hegazy. Dr. Samah Nasser Abd-Elaziz	Prof.Amina El nemer. (External). Prof. Hanan Elsayed (external). Assist. Prof. Eman Ahmed Fadel (External). Assist prof. Nadia Yousef Ahmed Dr. Shima Foad Hegazy. Dr.Samah Nasser Abd-Elaziz
<b>Midwifery Nursing</b>	Assist. Prof / Om Hashim Mahmoud Dr. Rania Elkurdy Dr.Enas Sabry	Prof. /Hanan Elsayed (external). Assist. Prof / Om Hashim Mahmoud Dr. Rania Elkurdy Dr.Enas Sabry	Prof. /Hanan Elsayed (external). Assist. Prof / Om Hashim Mahmoud Dr. Rania Elkurdy Dr.Enas Sabry	Prof. / Amina El nemer. (External). Prof. /Hanan Elsayed (external). Assist. Prof./ Samia Ibrahim Assist. Prof / Om Hashim Mahmoud Dr. Rania Elkurdy	Prof. / Amina El nemer. (External). Prof. Hanan Elsayed (external). Assist. Prof. Samia Ibrahim (external) Assist. Prof. Om Hashim Mahmoud

				Dr.Enas Sabry	Dr. Rania Elkurdy Dr.Enas Sabry
<b>Strategy of nursing education &amp; health education</b>	Assist prof. Ahlam Gouda Dr. Nehmedo Ezzat Osman Dr. Marwa Rashad Mahmoud.	Prof. Amina El nemer. (External). Assist prof. Ahlam Gouda Dr. Nehmedo Ezzat Osman Dr. Marwa Rashad Mahmoud.	Prof. Amina El nemer. (External). Assist prof. Ahlam Gouda Dr. Nehmedo Ezzat Osman Dr. Marwa Rashad Mahmoud.	Prof. Amina El nemer. (External). Prof. /Hanan Elsayed (External). Assist prof. Nadia Yousef Ahmed (External). Assist prof. Ahlam Gouda Dr. Nehmedo Ezzat Osman. Dr. Marwa Rashad Mahmoud.	.....
<b>Alternative Medicine in Nursing Practices</b>	Assist prof. Marwa Ibrahim Hamdy. Dr. Heba Zedan	Prof. / Amina El nemer. (External). Assist prof. Marwa Ibrahim Hamdy. Dr. Heba Zedan	Prof. / Amina El nemer. (External). <b>Dr.</b> Marwa Ibrahim Hamdy. Dr. Heba Zedan	Prof. / Amina El nemer. (External). Prof. /Hanan Elsayed (external). Assist. Prof/ Amal Youssef Ahmed ( external). <b>Dr.</b> Marwa Ibrahim Hamdy. Dr. Heba Zedan	.....

## 2. Accelerated Nursing Program

<b>Course</b>	<b>Instructor</b>	<b>Questioning Committee</b>	<b>Correction Committee</b>
<b>Maternal &amp; Neonatal Nursing care ( Theoretical )</b>	Prof. Amina El-Nemer Assist.Prof. Ahlam Gouda	Prof. Amina El-Nemer Prof. Hanan El Sayed (External) Assist. Prof. Ahlam Gouda	Prof. Amina El-Nemer Prof. Hanan Elsayed Assist. Prof. Ahlam Gouda
<b>Gynecology &amp; Midwifery Nursing (Practical)</b>	Prof. Hanan El Sayed Dr. Samah Nasser Abd-Elaziz Demonstrator. Abrar Rafaat	Prof. Amina El-Nemer Prof. Hanan El Sayed Dr. Samah Nasser Abd-Elaziz Demonstrator. Abrar Rafaat	Prof. Amina El-Nemer Prof. Hanan El Sayed Dr. Samah Nasser Abd-Elaziz Demonstrator. Abrar Rafaat
<b>Obstetrics &amp; Gynecology Medicine</b>	Dr. Nehmedo Ezzat Osman	Dr. Nehmedo Ezzat Osman	Dr. Nehmedo Ezzat Osman
<b>Alternative Medicine in Nursing Practices</b>	Prof./Hanan Elsayed Assist. Prof. / Samia Ibrahim Osman.	Prof. Amina El-Nemer (External) Prof. Hanan Elsayed Assist. Prof. / Samia Ibrahim Osman.	Prof. Amina El-Nemer (External) Prof. Hanan Elsayed Assist. Prof. Samia Ibrahim Osman.

## 3. Bachelor Program in Specialized Nursing Science

<b>Course</b>	<b>Instructor</b>	<b>Questioning Committee</b>	<b>Correction Committee</b>
<b>Obstetrics &amp; Midwifery Nursing (Theoretical )</b>	Prof. Amina El-Nemer Assist. Prof. Marwa Ibrahim Assist. Prof. Rania Ekurdy	Prof. Amina El-Nemer Prof. Hanan El Sayed (External) Assist. Prof. Marwa Ibrahim Assist. Prof. Rania Ekurdy	Prof. Amina El-Nemer Prof. Hanan Elsayed (External) Assist. Prof. Marwa Ibrahim Assist. Prof. Rania Ekurdy
<b>Obstetrics &amp; Midwifery Nursing (Practical)</b>	Prof. Hanan El Sayed Dr. Heba Zedan Dr Enas Sabry	Prof. Amina El-Nemer (External) Prof. Hanan El Sayed Dr. Enas Sabry Dr. Heba Zedan	Prof. Amina El-Nemer(External)  Prof. Hanan El Sayed Dr. Enas Sabry Dr. Heba Zedan

#### **4. Master Degree (Credit Hours)**

##### **➤ Third semester 2023-2024**

<b>Instructor</b>	<b>Course</b>	<b>Credit Hours</b>	<b>Course Code</b>
	<b>Intrapartum care</b>	Prof. Hanan El Sayed Assist. Prof. Samia Ibrahim	3 MW205
	<b>Postpartum care</b>	Prof. Hanan El Sayed Assist. Prof. Samia Ibrahim	3 MW206
	<b>Intrapartum care and postpartum care (clinical)</b>	Assist. Prof. Ahlam Gouda Assist. Prof. Om Hashim Mahmoud	4 MW207
	<b>Seminars in reproductive health</b>	Prof. Amina El-Nemer Assist. Prof. Samia Ibrahim	3 MW208
	<b>Embryology and genetics</b>	Prof. Abd Elaziz Abd Elghany Abd Elaziz	1 MW209

#### **5. Doctoral Degree (PhD)**

##### **➤ First semester 2023-2024**

<b>Course</b>	<b>Instructor</b>	<b>Credit Hours</b>	<b>Course Code</b>
<b>New Trend in Nursing</b>	Prof. Hanan El Sayed Assist. Prof. Samia Ibrahim	2	DW1302
<b>Woman Health</b>	Prof. Amina El-Nemer Assist. Prof. Samia Ibrahim	2	DW1305
<b>Reproductive Counseling</b>	Prof. Amina El-Nemer Assist. Prof. Eman Ahmed Fadel	2	DW1306
<b>Gynecological Oncology</b>	Prof. Hanan El Sayed Assist. Prof. Amal Yousef Ahmed	1	DW1314

## **Second part: Scientific research**

### **Registration for master's and doctoral degrees**

<b>Student's Name</b>	<b>Thesis Title</b>	<b>Thesis Type (Master/ Doctorate)</b>	<b>Supervisors</b>
<b>Doaa Fathy Soliman</b>	“Assessing the Effect of Climate Changes on Pregnant Women’s Practices”	Master	Prof./Hanan Elsayed Mohamed Dr. Nehmedo Ezzat Osman
<b>Doaa Ragab Mohamed Ibrahim</b>	“Maternity Nurses' Knowledge and Attitude Toward Pharmacologic Post Cesarean Section Pain Relief Measures ”	Master	Prof./Hanan Elsayed Mohamed Assist prof. Ahlam Gouda
<b>Hala Ashraf Ghaleb</b>	“Assessment of Women's Knowledge and Experiences regarding Hydatidiform Mole”	Master	Assist prof. Samia Ibrahim Osman Prof. Reda Abd El Hady Assist prof. Omhashim Mahmoud Saddon

## **Third part: Community service plan for the academic year 2023-2024**

<b>Seminar name</b>	<b>Target Group</b>	<b>Excution Place</b>	<b>Excution Date</b>	<b>Seminar official</b>
<b>Care followed after mastectomy surgery and how to prevent complications.</b>	Nursing staff and cases at the oncology center	Oncology Center - Mansoura University	September 2023	Assist. Prof. Amal Yousef Ahmed Dr. Nehmedo Ezzat Osman
<b>Fast food and its effect on women's health</b>	Female students in the university city	University City for Girls - Mansoura University	October 2023	Assist. Prof. Marwa Ibrahim Hamdy

				Dr. Marwa Rashad Mahmoud
<b>Domestic violence against pregnant women</b>	Pregnant women	Pregnancy follow-up clinics - New Obstetrics and Gynecology Hospital	November 2023	Assist prof. Samia Ibrahim Osman Assist.prof. Omhashim Mahmoud Saddon
<b>Prevention and early detection of cervical cancer</b>	Female employees in the College of Nursing	Faculty of Nursing - Mansoura University	December 2023	Assist. Prof. Ahlam Gouda Dr. Shaimaa Fouad
<b>Exercise during pregnancy and postpartum</b>	Pregnant women	Pregnancy clinics at the specialized center	March 2024	Dr. Samah Naser Abd- Elaziz <b>Dr.Enas Sabry</b>
<b>Correct body positions during pregnancy and after childbirth</b>	Pregnant women	Gynecology clinics in the specialized center	April 2024	Assist. Prof./ Nadia Youssef Ahmed Assist. Prof./ Rania Elkurdy
<b>Infection of the female reproductive system</b>	Women in the specialized center	Gynecology clinics in the specialized center	June 2024	Assist. Prof./ Eman Ahmed Fadel Dr / Dena Mohamed
<b>The impact of climate change on reproductive health</b>	Nursing staff	Women's departments at Mansoura University Hospital	July 2024	Dr/ Nagwa Ibrahim Dr/ Heba zedan

#### Fourth part: Distribution of Quality Committees in The Department

Committee	Staff members
<b>Student Educational Effectiveness Committee</b>	<b>Assist Prof.</b> Nadia Yousif Ahmed (The head of the committee) <b>Assist prof.</b> Ahlam Gouda <b>Assist prof.</b> Omhashim Mahmoud Saddon <b>Assist prof.</b> Marwa Ibrahim Hamdy <b>Assist prof.</b> Rania Elkurdy <b>Dr.</b> Shaimaa Fouad <b>Dr.</b> Nagwa Ibrahim <b>Dr.</b> Nehmedo Ezzat
<b>Postgraduate Studies Committee</b>	<b>Assist prof.</b> Amal Yousif Ahmed (The head of the committee) <b>Assist prof.</b> Eman Ahmed Fadel <b>Dr.</b> Samah Nasser <b>Dr.</b> Enas Sabry <b>Dr.</b> Heba Zedan <b>Dr.</b> Marwa Rashad
<b>Examination paper analysis committee</b>	<b>Assist prof.</b> Samia Ibrahim Osman (The head of the committee). <b>Assist prof.</b> Amal Yousif Ahmed <b>Assist prof.</b> Eman Ahmed Fadel <b>Assist prof.</b> Ahlam Gouda <b>Assist prof.</b> Omhashim Mahmoud Saddon <b>Assist Prof.</b> Nadia Yousif Ahmed <b>Assist prof.</b> Marwa Ibrahim Hamdy <b>Assist prof.</b> Rania Elkurdy
<b>Course portfolio Committee</b>	<b>Dr.</b> Samah Nasser (The head of the committee). <b>Assistant lecturer.</b> Eman Hassan Elshrqawy <b>Assistant lecturer.</b> Abeer Salah <b>Assistant lecturer.</b> Ahlam Allam <b>Assistant lecturer.</b> Amany Samy <b>Assistant lecturer.</b> Amal Tallat <b>Assistant lecturer.</b> Noura Gomaa <b>Assistant lecturer.</b> Eman Mohamed Abd Elhamid. <b>Demonstrator.</b> Azhar Abd elnaser. <b>Demonstrator.</b> Naghm Adel <b>Demonstrator.</b> Abrar Raafat <b>Demonstrator.</b> Mayada Sobhy <b>Demonstrator.</b> Nadia Ramadan <b>Demonstrator.</b> Noura Monir <b>Demonstrator.</b> Al shymaa Mostafa <b>Demonstrator.</b> Neira Nezar

	<b>Demonstrator.</b> Basma Shaaban
<b>Management standard</b>	<b>Assist prof.</b> Nadia Yousif Ahmed (The head of the standard). <b>Assist prof.</b> Om Hashim Mahmoud <b>Dr.</b> Shaimaa Fouad <b>Dr.</b> Samah Nasser <b>Dr.</b> Marwa Rashad <b>Assistant lecturer.</b> Abeer Salah <b>Assistant lecturer.</b> Eman Hassan <b>Assistant lecturer.</b> Ahlam Allam <b>Demonstrator.</b> Noura Gomaa <b>Demonstrator.</b> Naghm Adel <b>Demonstrator.</b> Abrar Raafat <b>Demonstrator.</b> Nadia Ramadan <b>Demonstrator.</b> Noura Monir <b>Demonstrator.</b> Neira Nizar
<b>community service standard</b>	<b>Assist prof.</b> Ahlam Gouda (The head of the standard). <b>Assist prof.</b> Marwa Ibrahim Hamdy <b>Assist prof.</b> Rania Elkurdy <b>Dr.</b> Nehmedo Ezzat <b>Dr.</b> Enas Sabry <b>Dr.</b> Heba Abd El rehem <b>Dr.</b> Dina Mohamed Ismail <b>Assistant lecturer.</b> Amany Sami <b>Assistant lecturer.</b> Amal Mohamed <b>Assistant lecturer.</b> Eman Mohamed Abd Elhamid. <b>Demonstrator.</b> Azhar Abd elnaser <b>Demonstrator.</b> Mayada Sobhy <b>Demonstrator.</b> Al shymaa Mostafa <b>Demonstrator.</b> Basma Shaaban

### **Fifth part: Annual Staff Scientific Development Plan**

<b>Activities (Training courses/ workshops/ Seminars)</b>	<b>Activity executors</b>	<b>Activity Coordinator</b>	<b>Activity attendance</b>	<b>Activity Date/ Place</b>
Building Midwifery Capacity in Egypt: Scaling up the Local Midwifery Workforce (training course).	<b>Dr. Ahmed Moustafa</b> Obstetrician- workoster- Acute Hospital Trust - UK <b>Marista Clarke</b> MScHera Family Care Founder and Coordinator	Assist. Prof. Dr. Eman Fadel  Dr. Enas Sabry	Academic Staff	Faculty of Nursing/ October 2023
Research methodology and design (Workshop)	Assist. Prof. Dr. Shima Fouad		Academic Staff	Faculty Of Nursing/ 8/11/2023 & 15/11/2024
New trends in education (Workshop)	Assist. Prof. Dr. Rania El-Kurdy		Academic Staff	Faculty Of Nursing/ 22/11/2023
New trends in Practice (Workshop)	Assist. Prof. Dr. Marwa Ibrahim		Academic Staff	Faculty Of Nursing/ 29/11/2023
How to write abstract	Prof. Dr. Hanan El-Sayed		Academic Staff	Faculty Of Nursing/ 6/12/2023
How to write Reference (APA style)	Assist. Prof. Dr. Nadia Youssef		Academic Staff	Faculty Of Nursing/ 13/12/2023
Research critique	Assist. Prof. Dr. Samia Ibrahim		Academic Staff	Faculty Of Nursing/ 20/12/2023

## Sixth part: Department activities

1: Education	Courses				
	Bachelor degree	Special programs	Master Degree	Doctoral degree	General courses
<b>A) Teaching within the department</b>	1. Maternity & gynecology nursing. 2. Midwifery Nursing 3. Strategy of nursing education & health education 4. Alternative Medicine in Nursing Practices	<b>Accelerated Nursing Program:</b> Maternal & Neonatal Nursing care (Theoretical) Gynecology & Midwifery Nursing (Practical). Alternative Medicine in Nursing Practices. Obstetrics & Gynecology Medicine <b>Bachelor program in specialized nursing science</b> 1. Obstetrics & Midwifery Nursing (Theoretical)	1. Ante partum care 2. Obstetrics & gynecology of medicine 3. Pharmacology in Obstetrics & gynecology 4. Advanced health assessment 5. Infertility & assisted reproductive technology. 6. Intra partum care 7. Postpartum care 8. Seminars in reproductive health 9. Embryology & Genetics 10. Intrapartum care and	1. New trends in nursing 2. Woman health 3. Reproductive counseling 4. Evidence based practice 5. Advanced midwifery (Practical) 6. Advanced Maternity (Theoretical). 7. Seminars in maternity nursing 8. Gynecological oncology 9. Emergency & critical maternity care. 10. Nursing informatics. 11. Psychological aspect of woman health.	Community Issues Course (clinical) for Bachelor Students.

		2. Obstetrics & Midwifery Nursing (Practical).	postpartum care (clinical)	12. Seminars in obstetrics & Gynecology	
<b>B) Teaching outside the department</b>	1. Health Assessment of the specialized program at the Technical Institute 2. Advanced Specialized Nursing 1 at the Technical Institute. 3. Obstetrics & Gynecology Medicine at The Technical institute of Nursing in Sherbein. 4. Obstetrics & Gynecology Nursing at The Technical institute of Nursing in Sherbein.				
<b>2: The scientific activities that the department will participate in preparing</b>					
<b>A) conferences and seminars</b>	1.Participation in conferences and seminars that will be held at the faculty of Nursing. 2.Participation in external conferences that will be held in Egyptian universities (Alexandria University, etc.....). 3.Participation in international conferences.				
<b>B) Workshops and training courses</b>	Participation in all scientific activities (Workshops and training courses) that will be held inside and outside the university.				

<p><b>C) Research activities</b></p>	<p><b>Implementation of the department's research plan as follows:</b></p> <ol style="list-style-type: none"> <li>1. New Trends in educational curriculum.</li> <li>2. Quality of education in Maternal and gynecological education.</li> <li>3. Complementary and Alternative Therapy in Maternity care.</li> <li>4. Applying Standard protocols and Guidelines of Maternity Nursing Care Practice.</li> </ol>	
<p><b>3. Participation in the examination work</b></p>	<p>Bachelor degree courses ( 4 ) , specialized courses for master degree ( 10) specialized courses for doctorate degree (12), Accelerated nursing program courses (4), and Bachelor program in specialized nursing science (2) .</p>	
<p><b>4. Community service and environmental development activities</b></p>	<ol style="list-style-type: none"> <li>1. Community activities to educate school students.</li> <li>2. <u>Community activities for university students.</u> <ul style="list-style-type: none"> <li>- Participation in medical convoys at the university level.</li> <li>- Participation in health awareness and guidance for university students.</li> <li>- Participation in the university's environmental week.</li> </ul> </li> <li>3. <u>Community activities to educate college and graduate students about:</u> <ul style="list-style-type: none"> <li>- How to write research article.</li> </ul> </li> <li>4. <u>Community activities for women</u> <ul style="list-style-type: none"> <li>- Participation in international women’s days.</li> </ul> </li> <li>5. <u>Community activities to educate mothers about:</u> <ul style="list-style-type: none"> <li>▪ Care followed after mastectomy surgery and how to prevent complications.</li> <li>▪ Fast food and its effect on women's health.</li> <li>▪ Domestic violence against pregnant women.</li> <li>▪ Prevention and early detection of cervical cancer.</li> <li>▪ Exercise during pregnancy and postpartum.</li> <li>▪ Correct body positions during pregnancy and after childbirth.</li> <li>▪ Infection of the female reproductive system.</li> <li>▪ The impact of climate change on reproductive health.</li> </ul> </li> </ol>	
<p><b>5. Developing the performance</b></p>	<p>1. Participation in developing the capabilities of faculty members and their assistants.</p>	

<p><b>of faculty members and their assistants in the department</b></p>	<p>2. Holding a weekly scientific meeting in the department to discuss scientific developments in maternity nursing, gynecology and scientific research, <b>such as:</b></p> <ul style="list-style-type: none"> <li>▪ Building Midwifery Capacity in Egypt: Scaling up the Local Midwifery Workforce.</li> <li>▪ Research methodology and design.</li> <li>▪ New trends in education</li> <li>▪ New trends in Practice</li> <li>▪ How to write abstract</li> <li>▪ How to write Reference (APA style)</li> <li>▪ Research critique.</li> </ul> <p>3. Implementation of new teaching and assessment methods.</p> <p>4. Preparing training courses to develop practical skills.</p> <p>5. Urging the faculty members to attend the courses and workshops of the e-learning unit.</p> <p>6. Participation in quality activities within the department and the faculty.</p>	
<p><b>6.Student Activities</b></p>	<p><b>a) Educational activities</b></p> <ul style="list-style-type: none"> <li>▪ Make macket for labor unit.</li> <li>▪ Make macket for Breast self-examination.</li> <li>▪ Make macket for Breast cancer.</li> <li>▪ Make educational video for Hoffman exercise for inverted nipple.</li> <li>▪ Make educational video for Cervical cancer and HPV infection &amp; vaccine.</li> <li>▪ Make educational video for Immunizations during pregnancy.</li> <li>▪ Make educational video for Pelvic floor exercise.</li> <li>▪ Make macket for Immunization during pregnancy.</li> <li>▪ Make macket for Birth position.</li> <li>▪ Make 3D model for Placenta previa.</li> <li>▪ Make 3D model for Cervical dilation.</li> <li>▪ Make educational video Management of diabetes mellitus.</li> <li>▪ Make macket for Hydrobirth.</li> <li>▪ Mack flipchart about Maternal positions during labor.</li> <li>▪ Mack flipchart about Ectopic pregnancy.</li> <li>▪ Mack flipchart about Non-Pharmacological labor pain management.</li> <li>▪ Mack flipchart about Polycystic ovarian syndrome.</li> <li>▪ Make 3D model for TENS to relive labor pain.</li> <li>▪ Make macket for Types of abortion.</li> <li>▪ Make macket for Uterine prolapse.</li> <li>▪ Make educational video Physical and Psychological violence against women.</li> </ul>	

	<ul style="list-style-type: none"><li>▪ Make macket for Hoffman exercises.</li><li>▪ Make macket for Positions of breast feeding.</li><li>▪ Make a brochures and Booklet about family planning methods.</li></ul> <p><b>b) Recreational activities</b></p> <ul style="list-style-type: none"><li>• Participation with students in university trips.</li></ul>	
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**Quality Coordinator**

**Head of the department**

**Dr. Nehmedo Ezzat**

**Prof. Hanan El Sayed Mohamed**

**Dr. Dina Mohamed**