

## نموذج رقم ( 12 )

جامعة : Mansoura

كلية : Nursing

قسم : Women 's Health and Midwifery Nursing

## تصنيف مقرر دراسي

## 1- بيانات المقرر

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| <b>Master degree</b><br>الفرقـة/المستوى :<br>2012-2013 | اسم المقرر:<br>Woman<br>Psychology<br>علم نفس المرأة         | الرمز الكودي : MSW16 |
| 2 hrs x32 week= 64 hours<br>-----                      | عدد الساعات الدراسية :<br>نظري      عـلم نفس المرأة<br>عملـي | التخصص : master      |

## 2- هدف المقرر :

This course aims to equip post graduate maternity nursing students with knowledge related to woman psychology.

## 3- المستهدف من تدريس المقرر :

|  |                                      |
|--|--------------------------------------|
| A-1 Identify theories & basics of women needs  | أ- المعلومات والمفاهيم :             |
| A-2 Mention principles of stress management  |                                      |
| A-3 Discuss feminine and maternal identity theory  |                                      |
| A4. Identify new updates in caring women with stress, anxiety and low self esteem              |                                      |
| A5. Discuss new updates in management of women have loss and grief                             |                                      |
| A6. Summarize the psychological change on menarche, pregnancy, labor, postpartum and menopause |                                      |
| A7. List ethical principles in management of psychological strategies of infertility           |                                      |
| A8. Discuss anxiety theory   |                                      |
| B-1 -Synthesizes assessment data regard self esteem and human needs                            | ب- المهارات الذهنية الخاصة بالمقرر : |

|   |  |
|---|--|
| <p>B-2 Predict the impact of Stress, Anxiety , loss and grief on women psychological status through women life</p> <p>B3. Solve women psychological problems using available data</p> <p>B4. Determine best evidence for managing women with anxiety, stress, loss and grief</p> <p>B5. Create new ideas for increasing women self esteem</p> <p>B6. Plan for improvement of psychological state of women during life cycle</p> <p>B7. Develop protocols for decision making to solve psychological strains of infertility.</p> |  |
| <hr/>   | <b>ج- المهارات المهنية الخاصة بالمقرر:</b> |
| <p>D1. Lead and work effectively in a team.</p> <p>D2. Use different informational resources.</p>   | <b>د- المهارات العامة:</b>                 |
| <ul style="list-style-type: none"> <li>• Human needs</li> <li>• Self esteem</li> <li>• Anxiety theory</li> <li>• Stress cycle</li> <li>• Loss and grief</li> <li>• Feminine identity theory</li> <li>• Maternal identity theory</li> <li>• Psychological impact of menarche, pregnancy , labor, postpartum and menopause</li> </ul> <p>Psychological strains and management of infertility</p>  | <b>4- محتوى المقرر:</b>                    |
| Interactive lecture and Group discussion  | <b>5- أساليب التعليم والتعلم :</b>         |

|  |  |  |
|--|--|--|
| Not relevant   |  | <b>6- أساليب التعليم والتعلم للطلاب ذوى القدرات المحدودة :</b> |
|  |  | <b>7- تقويم الطلاب:</b>  |
| - Final written exam   |  | <b>أ- الأساليب المستخدمة:</b>                                  |
| At the end of the semester   |  | <b>ب- التوقيت:</b>   |
| Final written exam      50      100%   |  | <b>ج- توزيع الدرجات:</b>                                       |
| <b>8- قائمة الكتب الدراسية والمراجع :</b>  |  |  |
| Not applicable   |  | <b>أ- مذكرات</b>   |
| Benson ., et al (2012): The Psychology Book<br><a href="http://www.dk.co.uk/nf/Book/BookDisplay/0,,9781409375388,00.html">http://www.dk.co.uk/nf/Book/BookDisplay/0,,9781409375388,00.html</a> |  |  |
| GeDDES., et al (2012): Psychiatry, 4th ed., Oxford University Press. New York  |  |  |
| Varcarolis (2011):Manual of Psychiatric Nursing Care Planning: Assessment Guides, Diagnoses, Psychopharmacology, 4th ed., Saunders Elsevier, United States of America.                         |  | <b>ب- كتب ملزمة:</b>   |

|  |                                 |
|--|---------------------------------|
| Katherine M.Patricia A. (2007) psychiatric nursing care plans 5th ed, mosby Elsevier   |                                 |
| <ul style="list-style-type: none"> <li>▪ Lefton, L.A. and Brannon, L.(2006): <b>Psychology 10<sup>th</sup> ed, New York: Lippincott Williams and Wilkins Co.</b></li> <li>1. Sadock, J.B. and Sadock, V.A. (2007): <b>Synopsis of Psychiatry, 9<sup>th</sup> ed, Awolters Kluwer Company.</b></li> </ul> | ج- كتب مقترحة:                  |
| <b>Journal of Experimental Social Psychology</b> , Basic and Applied Social<br><a href="http://www.acronymfinder.com/Psychology....htm">www.acronymfinder.com/Psychology....htm</a>  | د- دوريات علمية أو نشرات .. الخ |

أستاذ المادة:

رئيس مجلس القسم العلمي:

Prof. Dr. Mohamed Emam