نموذج رقم (12)

جامعة: Mansoura
كلية: Nursing
قسم: Psychiatric and Mental Health Nursing

توصيف مقرر دراسي

				1- بيانات المقرر
Doctorate, 2012\2013	**الفرقة/المستوى:**	Nursing Seminars in the Area of Specialty ندوات تمريض في مجال التخصص الدقيق	**اسم المقرر:**	**الرمز الكودى:** DS3
3hrs× 32week =96 hrs -----------------------	**نظري** **عملي**		**عدد الساعات الدراسية**	**التخصص:** Doctorate Degree in Nursing

This course aims to equip doctorate psychiatric mental health nursing students with far-reaching knowledge related to the minor area of specialty	**2- هدف المقرر:**
	3- المستهدف من تدريس المقرر :
By the end of the program the candidate will be able to: A1- Review new trends in the psychiatric nursing. A2- List issues related to the area of the psychiatric nursing. A3-List principles of quality in the psychiatric nursing. A4-Review ethical principles in the psychiatric nursing. A5- Recognizes the contribution of the social sciences to an understanding of health variables: e.g. psychology, sociology and psychic growth science A6- Recognize the range of psychological and social caring skills required of patient, clients or groups. A7- Identify human rights legislation and implications practice for professional psychiatric nursing. A8- State the principles and elements of effective and therapeutic	**أ- المعلومات والمفاهيم:**

communication and interpersonal skills applied to patient and client care. A10- Understand the theoretical underpinnings for the planning of psychological treatments in a wide range of contexts A11- Discuss the psychological effects of chronic illness on interpersonal relationships and intrapersonal A12- Explain specialist contributions of psychodynamic, systemic and cognitive therapeutic approaches to an understanding of team dynamics A13- Assess and meet the full range of essential physical and mental health needs of people of all ages who come into your care A14- Demonstrate self awareness in relation to your own mental health and distress through the media of reflection and clinical supervision A15- Describe how physiological, socio-cultural, gender, and individual factors influence perception of self and others.	
By the end of the program the candidate will be able to: B1- Create new ideas in the area of psychiatric nursing. B2- Interact using evidence & reasons in the psychiatric nursing setting. B3- Detect clinical hazards for the psychiatric patients B4 – Adjust the needed information technology applied to the patient, client or client group. B5 - Prioritize emotional and psychological support to patients, clients and careers in changing and stressful situations. B6- Assess the potential health promotion with patients, clients and careers B7- Understand the mental disorders and how psychodynamic, cognitive	ب- المهارات الذهنية الخاصة بالمقرر:

behavioral, systemic and integrative therapy theories and models may be applied in practice showing a sensitive appreciation of application of more than one model applied across the full range of psychiatric disorders	
By the end of the program the candidate will be able to: C1-Apply new evidence in the psychiatric nursing setting. C2-Employ quality of care in the psychiatric nursing setting. C3-Use research process for solving mental problems in the psychiatric nursing setting. C4-Demonstrate new technology in the psychiatric nursing setting. C5- Apply the principles of empathic understanding and a psychologically minded approach to risk assessment and management C6- Demonstrates an understanding of the work of research ethics committees and is aware of any ethical implications of a proposed research study C7- Develop therapeutic optimism and hope C8 - Demonstrate commitment to practicing in a sensitive and non-discriminatory manner that promotes the primacy, dignity, welfare and human rights of patients, clients and care giver. C9- Demonstrate self awareness in relation to your own mental health and distress through the media of reflection and clinical supervision	ج- المهارات المهنية الخاصة بالمقرر:
By the end of the program the candidate will be able to: D1- Use different resources for collecting information & knowledge	د- المهارات العامة:

D2- Manage scientific meeting and time D3. Use strategies for improving understanding of others, including perception-checking and paraphrasing. D4. Use strategies for management of one's own thoughts, feelings, and behaviors, including different types of psychotherapy D5- Assume managerial roles in different health care settings. D6- Works effectively with a team. D7- Communicates with patient / client with a respect for different values, cultures, intellectual levels and emotional state. D8- Apply basic of informational technologies in psychiatric nursing field.	
Unit 1: Liaison psychiatry **Unit 2:** Insight **Unit 3:** Empathy **Unit 4:** Hallucinations **Unit 5:** Use of technology in psychiatric setting **Unit 6:** Behavioral therapy **Unit7:** Cognitive therapy **Unit8:** Cognitive behavioral therapy **Unit9:** Family therapy **Unit 10:** Self destructive behavior **Unit 11 :** Manipulative behavior **Unit 12 :** Therapeutic use of self	**4- محتوى المقرر:**

5- أساليب التعليم والتعلم :	1- Interactive Lectures
6- أساليب التعليم والتعلم للطلاب ذوى القدرات المحدودة :	Not Relevant
7- تقويم الطلاب:	

أ- الأساليب المستخدمة:	**A- Assessment Methods**
	
	   1- Semester summative assessment that include:
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	   2- Final summative assessment that include:
	   a) Oral exam
	
	   b) Final written exam

ب- التوقيت:	**1- Semester summative assessment**
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	2- Final summative assessment
	
	  a- Oral examination May , November
	  b-Written examination

ج- توزيع الدرجات:	**1-Semester summative assessment**
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	2- Final summative assessment
	  a- Oral examination 75 (27.27%)
	  b- Written examination 200 (72.72%)
	         Total **275 (100%)**

8- قائمة الكتب الدراسية والمراجع :	
أ- مذكرات	
ب- كتب ملزمة:	
ج- كتب مقترحه:	• Varcarolis, E., & Halter, M. J. (2010): foundations of Psychiatric Mental Health Nursing. A clinical approach. 6th ed. Elsevier, Saunders. • Varcarolis, E. (2011): Manual of Psychiatric Nursing Care Plans. Diagnoses, Clinical Tools, and Psychopharmacology, 4th ed., Elsevier, Saunders. • **Wanda K —Mohr (2009) :** Psychiatric mental health nursing 7th Ed; Lippincott Williams & Wilkins plilasclphia

Fortinash, K.M. & Holoday-Worret, P.A., (2000). Psychiatric Mental Health Nursing. 2nd ed., St. Louis, Boston, London, Tokyo: Mosby Comp.

- **Townsend M. C., (2011).** Nursing Diagnoses in Psychiatric Nursing: Care Plans and Psychotropic Medications, 8th edition, USA.

- **Townsend M. C., (2008).** Essentials of Psychiatric Mental Health Nursing, Concepts of Care in Evidence-Based Practice, 4th edition, USA.

- **Varcarolis E. M., Carson V. B., Shoemaker N. C., (2006).** FOUNDATIONS OF Psychiatric Mental Health Nursing, A CLINICAL APPROACH, Chapter 29 Psychological Needs Of Medically Ill Patients 5th edition, USA.

- Recent psychiatric nursing, and psychiatric medicine text books

- Journal of Psychiatric and Mental Health Nursing. - International Journal of Mental Health Nursing - http:// www.psychweb.com. - http://www.psychiatrymatters.md. - http://www.psych.org. - http://www.mentalhealth.net - http://www.schizophrenia.com - http://www.alzheimers.org - http://www.crescentlife.com/psychstuff/ego_defense_mechanisms.htm, - http://www.mentalhelp.net/poc/view_doc.php?type=doc&id=4054	دـ دوريات علمية أو نشرات .. الخ

أستاذ المادة: د:منى البلشة

رئيس مجلس القسم العلمي / ا.د:سيد عبد اللطيف النجار