

نموذج رقم (12)

جامعة: Mansoura

كلية: Nursing

قسم: Psychiatric and Mental Health Nursing

توصيف مقرر دراسي

1- بيانات المقرر		
Doctorate, 2012\2013	Nursing Seminars in the area of Specialty اسم المقرر: ندوات تمريض في مجال التخصص العام	الرمز الكودي: DS2
3hrs× 32week =96 hrs -----	نظري عدد الساعات الدراسية عملي	Doctorate Degree in Nursing التخصص:

This course aims to equip doctorate psychiatric mental health nursing students with far-reaching knowledge, skills and new trend related to general psychiatric nursing.	2- هدف المقرر:
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3- المستهدف من تدريس المقرر :	
<p>By the end of the program the candidate will be able to:</p> <p>A1. Recognize the theories, basics & new trends in psychiatric mental health nursing</p> <p>A2. Recognize the necessary skills essential for the care of psychiatric patients with different psychotic disorders.</p> <p>A3. Discuss the cognitive, affective, and behavioral reactions manifested by patient exhibiting various psychiatric conditions</p> <p>A4. List of ethical principles & roles of professional practice in psychiatric mental health nursing.</p> <p>A5. Describe the intervention role of the nurse in management of psychiatric patient in different age group</p>	أ- المعلومات والمفاهيم:

A6- Identify the legal aspects of psychiatric nursing practice.

A7- Recognize different instruments, tools and psychological assessments in Psychiatric nursing.

A8- Understand the basic Knowledge that will promote nursing management of psychiatric disorders.

A9- Understand the epidemiology, psychopathology and outcome of psychiatric disorders.

A10- Understand and master the biological, psychological and social factors in the development of psychiatric disorders.

A11- Describe the intervention role of the nurse in psychiatric emergency and crises intervention

A12- Recognize physical and psychosocial attending skills that facilitate therapeutic communication and promote nurse patient interaction

A13- Identify the characteristics of mentally healthy people.

A14- Identify the characteristics of mentally ill people

A15. Explain physiological, socio-cultural, gender, and individual factors influence perception of self and others.

A16. Discuss the elements of personality and how personality is formed.

A17. Understand wide range of human emotions, and ways of expressing and managing them that are sensitive to socio-cultural and relational contexts.

A18. Discuss how to manage stress, cope with life's challenges, and be appropriately assertive.

<p>A19. Describe the basic psycho-social influences upon the formation and maintenance of self-concept and interpersonal behavior.</p>	
<p>By the end of the program the candidate will be able to:</p> <p>B1. Share in psychiatric problems identification ,solving and behave wisdom in urgent situation</p> <p>B2. Apply the basics & principles of quality in psychiatric mental health nursing practice.</p> <p>B3. Synthesis and assess the knowledge in psychiatric mental health nursing and use it for future plan</p> <p>B4. Demonstrate ability to abstract the general idea from cues of a situation</p> <p>B5. Use the available data for solving professional problems.</p> <p>B6- Formulate appropriate management plans for individual patients presenting with the most common psychiatric disorders.</p> <p>B7. Identify factors influencing development and analysis of the accuracy of one’s own self-concept, including socio-cultural, gender, and individual influences, and how self-esteem is maintained and changed.</p> <p>B8. Identify effective and ineffective speaking, listening, coping, assertiveness, emotion management, stress management and conflict management behaviors.</p> <p>B9- Critically analyze and evaluate theoretical perspectives on mental health</p> <p>B10- Explain a range of evidence-based interventions, including psychological, biological and complementary.</p>	<p>ب- المهارات الذهنية الخاصة بالمقرر:</p>
<p>-----</p>	<p>ج- المهارات المهنية الخاصة بالمقرر:</p>

By the end of the program the candidate will be able to:

- D1. Use written, electronic and oral communication skills effectively
- D2. Use different resources for collecting information & knowledge.
- D3. Lead & work in a team.
- D4. Demonstrate basic principles of health education and counseling
- D5. Apply effective interpersonal skills in speaking, listening, assertiveness, and conflict management.
- D6. Apply effective strategies for coping with stressful situations, motivating yourself, stress management, and increasing happiness.
- D7. Use strategies for improving understanding of others, including perception-checking and paraphrasing.
- D8 - Use computer skills to review the recent medical literature worldwide in order to improve clinical practice.
- D9- Give comprehensive information and health education to the patients and their families.
- D10- Demonstrate issues of confidentiality, ethical and legal practice.
- D11- Conduct an efficient nurse patient relationship.

د- المهارات العامة:

Unit 1: Evidence based psychiatric nursing

Unit 2: Self concept and self awareness

Unit 3: Stress and stress management

Unit 4: Crisis intervention

4- محتوى المقرر:

<p>Unit 5: Aggression and anger management</p> <p>Unit 6: Delusional disorders</p> <p>Unit 7: Eating disorders</p> <p>Unit 8 : Personality disorders</p> <p>Unit 9 : Sexual disorders</p> <p>Unit 10 : Adjustment and impulse control disorder</p> <p>Unit 11 : Psychological aspect of infectious disease</p> <p>Unit 12 : Sleep disorders</p> <p>Unit 13 : Homeless psychiatric patient</p> <p>Unit 14 : Child psychiatry</p>	
<p>1- Interactive Lectures</p>	<p>5- أساليب التعليم والتعلم :</p>
<p>Not Relevant</p>	<p>6- أساليب التعليم والتعلم للطلاب ذوي القدرات المحدودة :</p>
<p>7- تقويم الطلاب:</p>	
<p>A- Assessment Methods</p> <p>1- Semester summative assessment that include: -----</p> <p>2- Final summative assessment that include:</p> <p>a) Clinical examination</p> <p>b) Oral exam</p> <p>c) Final written exam</p>	<p>أ- الأساليب المستخدمة:</p>
<p>1- Semester summative assessment -----</p>	<p>ب- التوقيت:</p>
<p>2- Final summative assessment</p>	

<p>a- Clinical examination b- Oral examination c- Written examination</p>	<p>May , November</p>	
<p>1-Semester summative assessment</p> <p>-----</p>		
<p>2- Final summative assessment</p>		
<p>a- Clinical examination</p>	<p>200 (42.2%)</p>	<p>ج- توزيع الدرجات:</p>
<p>b-Oral examination</p>	<p>75 (15.7%)</p>	
<p>c- Written examination</p>	<p>200 (42.2%)</p>	
<p>Total</p>		<p>475 (100%)</p>
<p>8- قائمة الكتب الدراسية والمراجع :</p>		
		<p>أ- مذكرات</p>
		<p>ب- كتب ملزمة:</p>
<ul style="list-style-type: none"> • Varcarolis, E., & Halter, M. J. (2010): foundations of Psychiatric Mental Health Nursing. A clinical approach. 6th ed. Elsevier, Saunders. • Varcarolis, E. (2011): Manual of Psychiatric Nursing Care Plans. Diagnoses, Clinical Tools, and Psychopharmacology, 4th ed., Elsevier, Saunders. • Wanda K —Mohr (2009) : Psychiatric mental health nursing 7th Ed; Lippincott Williams & Wilkins plilaslphia • Fortinash, K.M. & Holoday-Worret, P.A., (2000). Psychiatric Mental Health Nursing. 2nd ed., St. Louis, Boston, London, Tokyo: Mosby Comp. • Townsend M. C., (2011). Nursing Diagnoses in Psychiatric Nursing: Care Plans and Psychotropic Medications, 8th edition, USA. • Townsend M. C., (2008). Essentials of Psychiatric Mental Health Nursing, Concepts of Care in Evidence-Based Practice, 4th edition, USA. 		<p>ج- كتب مقترحه:</p>

<ul style="list-style-type: none"> • Varcarolis E. M., Carson V. B., Shoemaker N. C., (2006). FOUNDATIONS OF Psychiatric Mental Health Nursing, A CLINICAL APPROACH, Chapter 29 Psychological Needs Of Medically Ill Patients 5th edition, USA. • Recent psychiatric nursing, and psychiatric medicine text books 	
<ul style="list-style-type: none"> • Journal of Psychiatric and Mental Health Nursing. • International Journal of Mental Health Nursing • http:// www.psychweb.com. • http://www.psychiatrymatters.md. • http://www.psych.org. • http://www.mentalhealth.net • http://www.schizophrenia.com • http://www.alzheimers.org • http://www.crescentlife.com/psychstuff/ego_defense_mechanisms.htm, • http://www.mentalhelp.net/poc/view_doc.php?type=doc&id=4054 	<p>د- دوريات علمية أو نشرات .. الخ</p>

د:منى البلشة

أستاذ المادة:

رئيس مجلس القسم العلمي / ا.د:سيد عبد اللطيف النجار