University: Mansoura Faculty: Nursing

Program: Master Degree in Nursing **Department:** Gerontological Nursing

Course specifications

1-Basic Information:-		
Code:MSG15	Course Title: Psychosocial aspects of old age الجوانب النفسية والاجتماعية للمسنين	year/level: Master 2013-2014
Hours: 2x32:64hours total:64 hrs		
Specialty:	Gerontological nursing	

2-Course Objective: At the end of this course students will acquire the essential knowledge, skills and attitude required to care for elderly in different clinical setting and discuss recent issues and trends in psychosocial aspects of old age.

3- Intended learning Outcomes (ILOs):

A1- Describe normal psychosocial changes occur with aging.
A2- Discuss psychosocial theories with aging.

A-Knowledge and Understanding:

A5-1
A6-1
A7-1
A8-1

A2- Discuss psychosocial theories with aging.
A3- Recognize relocation stress syndrome.

A4- Explain all aspects of psychosocial changes. A5- Describe depression among elderly patients.

A6- Discuss anxiety among elderly patients. A7- Differentiate between delirium and dementia.

A8- Identify psychosocial models of Gerontological nursing education.

A9- Recognize the impact of practicing Gerontological. nursing on elderly people health and their surrounding environment.

B-Intellectual Skills:

B1- Formulate specific nursing care plan to meet needs / problems of elderly patients with Psychological changes.

B2- Develop evidence based practice in solving health problems.

B3- Integrate behavioral theories in nursing practice.

D-General and Transferable:

D1- Use communication skills in dealing with the elderly persons, caregivers, professional and therapeutic context.

D2- Apply different data sources for knowledge and information.

D3- Apply the concept of continuous learning in professional practice.

4- Course Content:

- Psychosocial changes
- Psychosocial theories
- Mental health &the elderly
- Communication and the elderly with difficulties and problems
- Cognitive impairment (delirium, dementia)
- Relocation (relocation stress syndrome)
- Care giving and social support
- Elderly abuse
- Coping and stress with aging
- Psychiatric disorders in elderly

5- Teaching and learning Methods:

- Group discussion
- case study
- role play.

6- Teaching and learning Methods of Students with Special need: Not applicable

7- Student Assessment Methods:

A- Assessment Methods	 Oral Exam To assess knowledge and intellectual skills Final written Exam To assess knowledge and intellectual skills
B- Schedule	Assessment final written exam 33 th Week
C- Weighting of	total Grade: 50 grade
Assessments	Final written examination 100%
Q List of references:	

Assessments	Final written examination 100%	
8- List of references:	Tinui witten examination 100%	
A- Course notes		
B- Compulsory Books	 Ebersole P, Hess P. toward health aging; human needs &nursing response . 6th ed, Philadelphia, Mosby company . 2004. Cress CJ. Hand book of geriatric care management . 2nd ed., USA : Mosby company, 2007. Agronin ME, Maletta GJ. Principle &practice of geriatric psychiatry . Philadelphia. Lippincotte William &wilkins Company 2006 	
C-Recommended Books	 Touhy T, Jett K. Ebersole and Hess' Gerontological Nursing Healthy Aging. 3rd ed., St. Louis: Mosby Inc., 2010; 332-34. Gosney M, Harris T. Managing Older People in Primary Care: A practical Guide. New York: Oxford University press, 2009; 45-55. Agronin ME, Maletta GJ. Principle &practice of geriatric psychiatry. Philadelphia. Lippincotte William &wilkins Company 2006. 	
D- Periodicals, Web	1. www.cte.unt.edu	

Sites,etc	2. www.geriatricnursing.com
,	3. http://www.answers.com.
	4. http://www.haverford.edu/psych/
	5. journals.ju.edu.jo.
	6. longtermcare.wi.go.v

Head of Department: Prof Dr. Karima El Shamy

Course responsible: Dr. Raefa Alam

Date: 22-10-2013