

نموذج رقم ( ١٢ )

جامعة: Mansoura

كلية: Nursing

قسم: Medical Surgical Nursing

توصيف مقرر دراسي

١- بيانات المقرر		
2 <sup>nd</sup> Level (3 <sup>rd</sup> Semester )	Applied Nutrition تغذية تطبيقية	اسم المقرر:
الفرقة/المستوى:	CSc 305	الرمز الكودي:
1 credit hour	نظري عدد الساعات الدراسية: عملي	B.Sc. in Nursing التخصص: credit hour system

This course aims to provide students with the required knowledge of the principles of nutrition and applications of therapeutic and preventive nutrition in wellness and illness, as well as malnutrition health problems	٢- هدف المقرر:
٣- المستهدف من تدريس المقرر :	
<p>A1. Discuss the basic nutritional constituent needs of the healthy individual</p> <p>A2. List the principles of preventive nutrition</p> <p>A3. Identify the principles of therapeutic nutrition</p> <p>A4. Recognize different malnutrition health condition and its causes</p> <p>A5. Identify diagnostic criteria of different malnutrition health condition</p> <p>A6. Recognize management of different malnutrition health condition</p>	أ- المعلومات والمفاهيم:
<p>B1. Correlate clinical findings with nutritional status and health conditions of adults</p> <p>B2. Determine the nutritional constituents related to the various preventive and therapeutic diets</p> <p>B3. Calculate the caloric requirement of individuals according to their health conditions and economic status</p> <p>B4. Interpret the actual finding of results based on scientific findings</p>	ب- المهارات الذهنية الخاصة بالمقرر:
	ج- المهارات المهنية

	الخاصة بالمقرر:
D1. Presents information clearly with efficient time management. D2. Presents data by using appropriate audiovisual materials in formal way. D3. Communicates ideas and thoughts with staff members and colleges, in formal and respective way	د - المهارات العامة:
E1. Apply the principles of ethics in all nutritional interventions E2. Apply the principles of privacy and information confidentiality in daily professional activities	
<b><u>Unit I</u></b> <ul style="list-style-type: none"> <li>• Basic nutritional constituents and nutritive value of foods</li> <li>• Concepts and principles of preventive nutrition</li> <li>• Concepts and principles of therapeutic nutrition</li> </ul> <b><u>Unit I I</u></b> <ul style="list-style-type: none"> <li>• Assessment the nutritional status of adulthood</li> <li>• Assessment the nutritional status of childhood</li> <li>• Malnutrition and deficiency diseases</li> </ul> <b><u>Unit III</u></b> <ul style="list-style-type: none"> <li>• Dietetics interventions</li> </ul>	٤ - محتوى المقرر:
1- Interactive Lectures 2- Case study	٥ - أساليب التعليم والتعلم :
Not applicable	٦ - أساليب التعليم والتعلم للطلاب ذوي القدرات المحدودة :
	٧ - تقويم الطلاب:
<b>1- Semester summative evaluation</b> <b>2- Summative evaluation</b> a- Written examination	أ - الأساليب المستخدمة:

<b>1- Semester summative evaluation</b>		ب- التوقيت:
a- Semester work (Case study)	4 <sup>th</sup> up to 10 <sup>th</sup> week	
b-Mid-term exam	7 <sup>th</sup> week	
<b>2- final Summative evaluation</b>		
a- Written examination	16 <sup>th</sup> weeks	
b- Oral examination	16 <sup>th</sup> weeks	
<b>1-Semester summative evaluation</b>		ج- توزيع الدرجات:
a- Case study	30 (30%)	
b- Mid-term exam	20 (20%)	
<b>2- Summative evaluation</b>		
a- Written examination	40 (40%)	
b- Oral examination	10 (10%)	
<b>Total</b>	<b>100 (100%)</b>	
٨- قائمة الكتب الدراسية والمراجع :		
_____		أ- مذكرات
_____		ب- كتب ملزمة:
• Spiller G. CRC Handbook of dietary fiber in human nutrition. 2 <sup>nd</sup> ed., USA: CRC Press, 2000.		ج- كتب مقترحه:
• www.nursingcenter.com • www.nursingresearch.com		د- دوريات علمية أو نشرات .. الخ

Prof. Dr. Farida Abd El Wahab

أستاذ المادة:

رئيس مجلس القسم العلمي: