

نموذج رقم (١٢)

جامعة: Mansoura

كلية: Nursing

Community

Health nursing

توصيف مقرر دراسي

١- بيانات المقرر		
5th level (11th semester)	الفرقة/المستوى:	اسم المقرر:
	Primary Health Care Applied Nursing تمريض تطبيقي رعاية صحية أولية	APC1106
-----	نظري	عدد الساعات الدراسية:
2 credit hours	عملي	B.Sc. in Nursing credit hour system
التخصص:		

٢- هدف المقرر:	This course aims to enable students to demonstrate high technical skills in providing preventive, curative and rehabilitative health measures for individuals and groups in different primary health care settings
٣- المستهدف من تدريس المقرر :	
أ- المعلومات والمفاهيم:	-----
ب- المهارات الذهنية الخاصة بالمقرر:	<p>B.1- Correlate between values and beliefs of a particular group of people and their thinking, decision making process and actions in the health and illness paradigm</p> <p>B.2- Correlates theoretical concepts with the actual health condition of a community</p> <p>B.3- Analyze the different factors affecting clients' health to determine nursing action strategies</p> <p>B.4- Appraise the role of primary health care in securing the health of communities</p> <p>B.5- Appraise the services provided in primary health care centers</p> <p>B.6- Analyze the role of the primary health care nurse</p> <p>B.7- Design appropriate nursing care plan with active participation of clients according to their needs and problems</p> <p>B.8- Estimates the adequacy of available resources to reach the best outcomes of nursing actions</p>

<p>B.9- Utilize the appropriate health indicators in community and individual health assessment</p> <p>B.10-Select the most effective clinical guidelines to applied in local primary healthcare units</p>	
<p>C.1- Apply principles of primary health care to propose strategies to create and maintain healthy environments within primary health care services</p> <p>C.2-Assess the health status of clients including vulnerable groups</p> <p>C.3-Assess the values, preferences of clients</p> <p>C.4- Assess the primary health care services.</p> <p>C.5- Instruct clients and target populations about the available health care centers providing services relevant to their social and health conditions</p> <p>C.6- Apply the steps of a survey project</p> <p>C.7- Perform nursing skills safely in the different health care settings.</p> <p>C.8-Demonstrate competence in assessing, planning, delivering and evaluating care to clients</p> <p>C.9- Provide health education & counseling to individuals, aggregates, and other specific groups within the community based on their needs and problems</p> <p>C.10-Record accurately the actual implemented plan and complete referral reports</p> <p>C.11- Implement the steps of evidence- based practice on primary health care</p> <p>C.12- Implement a valid clinical guideline related to one of primary health care services/ activities</p> <p>C.13- Implement the steps of nursing professional development practice</p>	<p>ج- المهارات المهنية الخاصة بالمقرر:</p>
<p>D.1- Apply team work strategies</p> <p>D.2- Presents information clearly with efficient time management</p> <p>D.3- Communicates using available communication aids</p> <p>D.4-Updating the knowledge and skills of nursing skills regarding primary health care through continuous education</p> <p>D.5- Use of existing and developing information technologies</p> <p>D.6- Demonstrate collaborative work within the multidisciplinary/multi-agency care team as appropriate to their area of practice, promoting positive and effective relationships</p> <p>D.7- Determine their own learning needs to be fulfilled</p> <p>D.8 Apply problem solving technique effectively when dealing with social and cultural disparities</p>	<p>د- المهارات العامة:</p>
<p>Unit I: nursing process:</p>	<p>٤- محتوى المقرر:</p>

✓ **assessment**

- Assessment categories for data collection

✓ **Planning**

- Prioritizing problems
- Developing a goal
- Select intervention

✓ **Intervention- 3 types**

✓ **Implementation**

✓ **Evaluation**

Unit II: maternal & child health

- Antenatal care-natal care-postnatal care
- Monitoring growth & development
- Immunization
- Family planning
- Maternal & child health care services monitoring

Unit III: child health care

- Child health services
- Immunization in childhood
- Growth monitoring and intervention

Unit VI: school health services

- Preventive services (health appraisal, healthful environment, immunization)
- Curative services
- School health education

Unit IV: health promotion & illness prevention

- Health education (proper nutrition, food sanitation , water sanitation, environmental sanitation, personal hygiene, periodic check up, child spacing, breast feeding, safe weaning, prevention & control of communicable diseases)
- Counseling

Unit V: Treatment of minor ailments

- First aid measures
- Provision of essential nursing care
- Provision of essential drugs
- Referral to higher health care centers and hospitals

Unit VI: Rehabilitation

- Provision of nursing care for clients with disabilities

<ul style="list-style-type: none"> • Provision of nursing care for clients with chronic diseases <p>Unit V: Applications on Evidence- Based Practice</p> <ul style="list-style-type: none"> • Appraising clinical guideline • Application the process of evidence- based practice 	
<p>Clinical practice</p>	<p>٥- أساليب التعليم والتعلم :</p>
<p>Not applicable</p>	<p>٦- أساليب التعليم والتعلم للطلاب ذوي القدرات المحدودة :</p>
<p>٧- تقويم الطلاب:</p>	
<p>1- Semester summative assessment that include:</p> <p>a-Clinical practice:</p> <ul style="list-style-type: none"> • Conducting health assessment • Maternal health assessment • Child health assessment • Adult health assessment <p>a- nning for nursing intervention according to needs & problems</p> <p>b- Carrying out health education sessions</p> <p>c- Conducting counseling session</p> <p>d- Apply first aid steps competently</p> <p>e- conduct screening test such as vision, hearing, weight & height</p> <p>f- Performing procedures such as: antenatal examination, monitoring growth and development, administering vaccines, measuring blood pressure & blood glucose level, measuring vital signs, hand washing technique, drug administration,& referral</p> <p>g- Follow up of individuals with acute & chronic diseases</p> <p>h- Conduct special surveys to detect any health problems</p> <p>i- Recording and documentation</p> <p>j- Demonstrates effective problem solving skills in the clinical setting</p> <p>2- Final Clinical evaluation (case study</p>	<p>أ- الأساليب المستخدمة:</p>
<p>1- Semester summative assessment</p>	
<p>Clinical practice</p>	
<p>a- health assessment</p>	<p>1st week to 14th week</p>
<p>b- planning a nursing care plan</p>	<p>3rd week to 14th week</p>
<p>c- health education</p>	<p>3rd week to 14th week</p>
<p>ب- التوقيت:</p>	

d-Counseling session	3 rd week to 14 th week	
e- conducting a screening test	3 rd week to 14 th week	
e- performing first aid	3 rd week to 14 th week	
f- evaluating nursing procedures	3 rd week to 14 th week	
g- Recording &documentation	3 rd week to 14 th week	
		ج- توزيع الدرجات:
	Degree	
1- Clinical practice	120 marks (60%)	
2- Clinical case study	80 marks (40%)	
Total	200 (100%)	

٨- قائمة الكتب الدراسية والمراجع :

-----	أ- مذكرات
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<p>1- Allender J, Rector C, Warner K. Community health nursing: promoting and protecting the public`s health. 7th ed., Philadelphia: Lippincott company, 2010.</p> <p>2- Buttarot T, Irybulski J, Bailey P, Cook J. primary care. 3rd ed., St.louis: Mosby Company, 2008</p> <p>3- Stanhope M, Lancaster J. Public health nursing: Population centered health care in the community. 7th ed., st.louis: Mosby company, 2008.</p> <p>4- Gillam S, Yates J, Badrinath P. Essential public health: Theory and practice. 1st ed., USA: Cambridge university press, 2007.</p> <p>5- B.T. Basavanthappa. (2005). Community Health Nursing. Bangalore.</p> <p>6- Country Cooperation Strategy for WHO and Egypt. (2005-2009).</p> <p>7- Grossman, D.C; Kim, A; Macdonald,S,C; Klein, p; Copass, M.K.; and Maier, R.V. (2008). Urban- Rural Differences in Pre-Hospital Care of Major Trauma. Journal Trauma: Injury, Infection, and Critical Care 42(4): 723-729.</p> <p>8- J. McKenzie; P. Robert and J. Kotecki. (2005). An Introduction to Community Health. 5th ed. Jones and Bartlett Pub. Boston.</p> <p>9- Nevada State Health Division. The American Heritage Dictionary. (2009). An Introduction to Public Health, Community Health, and Community Health Nurse.</p> <p>10- RN. Melanei. Community Based Nursing an Introduction.</p>	ج- كتب مقترحه:

<p>Saunders Com. Philadelphia.</p> <p>11- Carlisle, C., Ibbotson, Tracy., 2005. Introducing problem- based learning into research methods teaching: Student and facilitator evaluation. Nurse Education Today, 25, 527- 541.</p> <p>12- Rogal, M S., Sinder, D P., 2008. Rethinking the lecture: The application of problem based learning methods to atypical contexts. Nurse Education in Practice 8, 312- 219.</p> <p>13- Montemayor L. E. Formative and summative assessment of the problem- based tutorial session using a Criterion- Referenced System. JIAMSE; 2004, 14: 8- 14.</p> <p>14- James Ramsay, Elbert Sorrell. Problem-Based Learning: A Novel Approach to Teaching Safety, Health and Environmental Courses. Journal of SH&E Research, Vol. 3, Num. 2</p>	
<p>LWW Medical Book Collection @OVID EBSCO Academic Search Complete CDC, WHO</p>	<p>د- دوريات علمية أو نشرات .. الخ</p>

<p>Dr. Samar E. Abdel- Raouf Dr. Mona Emad Eldien</p>	<p>أستاذ المادة: منسق المادة:</p>
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رئيس مجلس القسم العلمي:

Assistant. Prof Dr. Amal Ibrahim Ahmed

