



5th International Scientific Nursing Conference

Road Map for Nursing and Health Care 2030

Under Patronage

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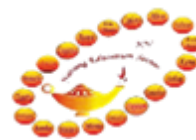
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Vice Dean of Students Affairs
Conference Coordinator

Prof.

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Workshop Title
Chronic Kidney Disease Nutrition Management
تغذية مرضى الكلى للمتخصصين

Trainer

Dr. Alzahraa M. Motawei
Lecturer of Nutrition Sciences
Faculty of Agriculture
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Training module that use engaging activities and case studies to prepare dietitians and caregivers for counseling patients who have chronic kidney disease (CKD). The course focuses on a specific area of nutrition management for kidney disease patients, including background information on CKD, slowing the progression of CKD, and the CKD "diet" in stages 1, 2, 3, 4.

This module briefly reviews calorie needs in CKD. Dietary reference intakes; nutrient content of food groups; and sources of sodium, potassium, phosphorus, and protein in proper amounts are to be reviewed.

Objectives of Workshop:

By the end of each session, participants will be able to:

1. Recognize that managing nutrition is a key part of managing kidney disease
2. Training how to nutritionally assess patients with CKD.
3. State key diet components to slowing progression of CKD.
4. Recognize the importance of being cautious about nutrients content in renal patients' diet.
5. Ability to plan a proper meal plan for kidney diseases patients.
6. Identify which food materials are to avoid and which are to include and the proper way of preparation, and other factors in CKD diet

Place: Conference Hall, 4th Floor, Faculty of Nursing, Mansoura University.

Date: 11 April, 2019

Time: From 9.30 -2 pm

Fees of Workshop:

<i>Egyptians</i>	<i>Non Egyptians</i>
100 L.E	50 \$

NB: These fees are not including the conference fees in EIn Sokhna city

