



Program and Courses

Specifications of

Doctorate degree in Psychiatric

and Mental Health Nursing

2018–2019

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رؤية الكلية

تسعى كلية التمريض – جامعة المنصورة أن تكون إحدى أفضل كليات التمريض محلياً وإقليمياً ودولياً وأن تساهم بفاعلية في الارتقاء بالمنظومة الصحية في مصر.

رسالة الكلية

كلية التمريض – جامعة المنصورة مؤسسة تعليمية وبحثية حكومية تقدم برامج تعليمية في علوم التمريض لتقديم خريج مؤهل علمياً وعملياً وإنتاج بحث علمي ودعم احتياجات المجتمع الصحية.

الأهداف الإستراتيجية للكلية

1. التوسع في البنية التحتية والتجهيزات اللازمة لتحقيق التميز في كافة المجالات
2. تنمية ودعم مهارات القيادات وأعضاء هيئة التدريس ومعاونيهم والجهاز الإداري
3. تنمية الموارد الذاتية للكلية
4. تحديث آليات التقويم الذاتي بهدف التميز وتجديد الاعتماد
5. دعم العملية التعليمية لتخريج كوادر متميزة
6. تطوير برامج الدراسات العليا وجوده الأبحاث العلمية
7. تعظيم دور الكلية في مجال خدمة المجتمع وتنمية البيئة

رؤية القسم

يتطلع قسم التمريض النفسي والصحة النفسية بكلية التمريض - جامعة المنصورة الي التميز واحتلال الصدارة بين أقسام التمريض النفسي والصحة النفسية بكليات التمريض المختلفة فيما يخص عملية التعليم والتعلم والبحث العلمي وخدمة المجتمع طبقا لمعايير الجودة الشاملة في رعاية الصحة النفسية.

رسالة القسم

قسم التمريض النفسي هو قسم أكاديمي ضمن أقسام كلية التمريض – جامعة المنصورة يساهم في اعداد خريج متميز ذو مهارة عالية قادرا علي التعامل مع المجتمع عامة ومع المرضى النفسيين في المؤسسات الصحية المختلفة.

Program Specification

نموذج (6)

نموذج استرشادي لتوصيف برنامج دراسي

(للعام الأكاديمي 2018-2019)

جامعة / أكاديمية : المنصورة

كلية / معهد : التمريض

قسم : التمريض النفسي والصحة النفسية

أ- معلومات أساسية :

1- اسم البرنامج :

برنامج الدكتوراه في التمريض النفسي والصحة النفسية Doctoral degree in Psychiatric Mental Health Nursing

طبيعة البرنامج : (أحادي) √ (ثنائي) (مشترك)

القسم العلمي المسئول عن البرنامج :

التمريض النفسي والصحة النفسية

ب- معلومات متخصصة :

1- الأهداف العامة للبرنامج :

Doctorate Nursing Program aims to graduating qualified experienced academically and professional graduates with knowledge, attitude and skills of psychiatric mental health nursing. Graduates must achieve highest standards of ethical, professional practice and quality in a variety of health care settings through conducting research and do creative activities and experience for caring of mental ill people .

2- المخرجات التعليمية المستهدفة من البرنامج :

1/2 المعرفة والفهم :

A. Knowledge and Understanding

At the end of psychiatric mental health nursing doctoral program the graduate will be:

A1- Recognize new trends in psychiatric mental health nursing.

A2- Discuss the methods and tools of research ethics

- A3- Write the ethical principles and roles of professional practice in psychiatric mental health nursing.
- A4- Recognize the principles of psychiatric mental health nursing practice.
- A5. Recognize the scientific progress in psychiatric mental health nursing
- A6. Explain theories and principles in psychiatric mental health nursing
- A7. Describe mutual effects between professional practice in psychiatric mental health nursing and it's reflecting on the environment
- A8. Discuss principles of pharmacological and non pharmacological intervention for different health conditions.

2/2 المهارات الذهنية :

B. Cognitive / Intellectual Skills

At the end of psychiatric mental health nursing doctoral program the graduate should be able to :

- B1- Discover the available data in psychiatric mental health nursing to solve professional problems
- B2- Analyze research studies aims to enhance his\here academic and professional skills
- B3- Set up the basics and strategies of scientific research in psychiatric nursing
- B4- Discover professional practical hazards.
- B5- Predict the performance development and create new ideas in psychiatric mental health nursing.
- B6- Interpret professional decision in different situation
- B7- Use evidence based practice
- B8- Create new ideas through continuously enhancing her knowledge in psychiatric nursing and related area
- B.9- Formulate the use of different assessment tools and approaches in Psychiatric and mental health nursing.

B.10- Design nursing actions according to retrieved social- behavioral and nursing and knowledge

B.11 -Predict various factors that place individuals for psychiatric disorders to determine nursing action strategies.

C. Practical and Professional skills:

At the end of psychiatric mental health nursing doctoral program the graduate will be able to:

C1- Apply recent professional practice in psychiatric mental health nursing.

C2- Write professional report.

C3- Illustrate professional report.

C4- Demonstrate methods of practice in psychiatric mental health nursing.

C5- Schedule methods of practice in psychiatric mental health nursing.

C6- Apply information technology in psychiatric mental health nursing

C7- Prepare for improving professional practice and staff development.

3/2 المهارات العامة :

D. General and Transferable Skills

At the end of psychiatric mental health nursing doctoral program graduate will be able to:

D1- Use communication skills effectively.

D2- Use information technology for professional practice.

D3- Evaluate the performance of academic and field practice nursing.

D4- Assess self & continues learning.

D5- Use different resources for collecting information & knowledge.

D6- Work in a team using leadership skills.

D7- Manage scientific meeting and time.

D8. Use problem solving skills in dealing with social and cultural conflicts

3- المعايير الأكاديمية المرجعية للبرنامج :

3. Reference Standards

Academic Reference Standards

ARS of Faculty of Nursing, Mansoura University were developed based upon the generic of postgraduate which were developed by the National Quality Assurance and Accreditation in Education (NQAAE).

1. Graduates attribute The graduate of PhD program should be able to:

1. Master the basics and scientific research methodologies
2. Continuing work on the addendum to the knowledge in the area of nursing field
3. Application of the analytical method and critic of knowledge in the area of specialization and related fields
4. Integrating the specialized knowledge with the related knowledge related to nursing knowledge breeder and developer of bilateral relationship among them.
5. Show the deep awareness of the ongoing problems and modern theories in the area of nursing field
6. Identify professional problems and find innovative solutions to solve them.
7. Mastery of a wide range of professional skills in the area of nursing field.
8. Trend towards the development of methods and tools and new methods of professional nursing practice.
9. Use of appropriate technological means to serve the professional nursing practice.
10. Communicate effectively and lead a team working in various nursing professional contexts.

11. Take decision in light of the information available.
12. Employment of available resources efficiently and develop and work on finding new resources.
13. Awareness of her/his role in community development and environmental conservation.
14. Act reflecting a commitment to integrity and credibility and rules of the nursing profession
15. Ongoing commitment to self-development and transfer of knowledge and experience to others.

2. Academic Reference Standard

2.1 knowledge & understanding By the end of the study the doctoral program graduates must be able to understand and knowledge with all:

A - Theories and the basics of modern knowledge in the area of nursing specialization and fields of nursing relation.

B - The Basics, methodologies and ethics of scientific research and its various tools.

C – Ethical and legal principles of professional practice in the area of nursing field.

D - Ethical principles and the basics of quality in professional practice in the area of nursing field.

E - Knowledge on the effects of professional practice on the environment and methods for environmental development and maintenance.

2-2 Intellectual skills

By the end of the study the doctoral program graduates must be able to:

A - Analysis and evaluation of information in the field of nursing specialization and measurement and elicitation on it. B -Solving specialized nursing problem based on the available data.

C –Carrying out research studies which add to the body of nursing knowledge.

D - Drafting scientific papers.

E - Risk assessment in nursing professional practices.

G- Planning for the development of performance in the area of nursing field.

H- Making professional decision in different nursing contexts.

I- Innovation / Creativity.

F - Dialogue and debate based on evidence.

2-3 Professional skills

By The end of the study the doctoral program graduates must be able to:

A - Mastering basic professional nursing and modern skills in the field of nursing.

B- Write and evaluate professional reports.

C - Evaluate and develop the existing methods and tools in the field of nursing.

D - Use of technological means to serve nursing practice.

E - Planning for the development of nursing practice and performance improvement of others

2-4 General and transferable skills

By the end of the study the doctoral program graduates must be able to:

A - Communicate effectively by all different means.

B- Use of information technology to serve the development of nursing practice.

C - Teach others and evaluate their performance.

D - Self-assessment and continuous learning.

E - Use different sources to get the information and knowledge.

F - Work in a team and leader team works.

G -Manage scientific meetings and the ability to manage time

4- هيكل ومكونات البرنامج :

أ - مدة البرنامج : **2 academic years**

ب- هيكل البرنامج :

□ عدد الساعات / عدد الوحدات : نظري عملي

إجمالي

إلزامي انتقائي

اختياري

□ مقررات العلوم الأساسية : %

□ مقررات العلوم الاجتماعية والإنسانية: %

□ مقررات علوم التخصص: %

□ مقررات من علوم أخرى (حاسب آلي و..): %

□ التدريب الميداني :

ج- مستويات البرنامج (في نظام الساعات المعتمدة) : **Not relevant**

د . مقررات البرنامج :

أ - إلزامي :

الفصل الدراسي	الفرقة والمستوى	عدد الساعات الأسبوعية			عدد الوحدات	اسم المقرر	كود أو رقم المقرر
		عملي	تمارين	نظري			
1 st	3				3	Seminars in Medical and Basic science	DS1
1 st and 2 nd	3				3	Seminars in the Major	DS2

						Area of specialties	
1 st and 2 nd	3				3	Seminars in the minor specialties	DS3
Continuou s	Minimum 1 st and 2 nd up to 4 th				-----	Thesis	DT4

راجع استمارات توصيف المقررات

5- محتويات المقررات :

كود أو رقم المقرر :

اسم المقرر :

6- متطلبات الالتحاق بالبرنامج :

Roles and Methods for student's evaluation: Candidates for the Doctorate of psychiatric mental health nursing program of Faculty of Nursing at Mansoura University will be required to fulfill the following academic criteria:

1. The candidate must have a Master Degree in nursing science with a minimum grade of "good" from Faculty of Nursing or another recognized university in A.R.E.
2. Candidate who learned English as a second language must get at least score of 500 on the national Test of English as a Foreign Language (TOEFL).
3. Candidates who are working in a hospital or health institution must be enrolled on a full time basis for studying.
4. Courses for Doctorate program which are divided into two semesters; each of them is four months.

7- القواعد المنظمة لاستكمال البرنامج :

Roles and Regulation for Completion of the Program

1. The candidate must perform research on an innovative topic that is accepted by the University Council based on the approval of the faculty of nursing Council for at least two years from the date of the registration.

2. The candidate must submit the thesis of her/his research for the acceptance by the Judging Committee for the defense of the dissertation.
3. The candidate must pass a comprehensive examination in general nursing and in the specialty area.
4. Candidates are required to pass all required tests with satisfactory score.
5. Thesis must be passing according to the judged committee members.
6. Comprehensive doctoral examination will be held during the months of May and November every year.
7. The Final grading system is divided into:
 - 60% for Clinical, Oral, and written examination.
 - 40% for the Thesis
- 8- The candidate should not be allowed to be registered for doctorate degree more than five years without registering for comprehensive examination.
- 9- Permission for two years extension may be given to the students by faculty council upon accepted reason.
- 10- thesis title should be declared in doctorate certificate. Comprehensive doctoral examination will be held during the months of May and November every year.

8- طرق وقواعد تقييم الملتهقين بالبرنامج :

- Comprehensive doctoral examinations will be held during the months of May and November every year.
- The final grading system is divided into:
 - 60% for oral and written examinations
 - 40% for thesis.

9- طرق تقويم البرنامج :

العينة	الوسيلة	القائم بالتقويم
100%	<ul style="list-style-type: none"> Self administered questionnaire Semi structured interview 	1- طلاب الفرقة النهائية
100%	<ul style="list-style-type: none"> Self administered questionnaire Semi- structured interview 	2- الخريجون
	-----	3- أصحاب الأعمال
100%	Report	4- مقيم خارجي أو ممتحن خارجي
-----	-----	5- طرق أخرى

رقم (121) بتاريخ 2013/2/21	معتد بموافقة مجلس الكلية
رقم (1) بتاريخ 2018/11/5	تم مراجعته وتحديثه طبقا للمعايير الأكاديمية المرجعية مجلس القسم العلمي
منسق البرنامج د/ رانيا الاتربي	رئيس القسم العلمي أ.د/ أمينه النمر



قرار مجلس الكلية بجلسته
تاريخ ١٣ / ٤ / ٢٠١٩
الموافقة والاعتماد
اسمه

Matrix of ARS ILOs and Doctorate Program ILOS

A. Knowledge and Understanding	
ARS ILOs	Doctorate Program ILOs
A1 – The basics and theories of modern knowledge in the area of specialty and the related areas	A1- Recognize new trends in psychiatric mental health nursing A2. Recognize the scientific progress in psychiatric mental health nursing A3. Explain theories and principles in psychiatric mental health nursing
A2 - The basics, methodologies and ethics of scientific research and various tools	A4- Discuss the methods and tools of research ethics
A3- Moral and legal principles of professional practice in the area of specialty	A5- Write the ethical principles and roles of professional practice in psychiatric mental health nursing.
A4- The principles and the basics of quality in professional practice in the area of specialty	A6- Recognize the principles of psychiatric mental health nursing practice. A7. Discuss principles of pharmacological and non-pharmacological intervention for different health conditions.
A5- knowledge on the effects of performance on professional environment and ways to environmental development methods and maintenance	A8. Describe mutual effects between professional practice in psychiatric mental health nursing and it's reflecting on the environment A.9. Classify diseases and psychiatric health problems according to their etiology, chronicity, mechanisms, pathogenesis, and prognosis

B. Intellectual Skills	
ARS ILOs	Doctorate Program ILOs
B.1. Analysis and evaluation of information in the field of specialty, measurement and elicitation	B1- Discover the available data in psychiatric mental health nursing to solve professional problems
B.2- Specialized problem-solving based on the data available	B2- Discover professional practical hazards. B.3- Formulate the use of different assessment tools and approaches in Psychiatric and mental health nursing.
B.3. Conduct research studies add to the knowledge	B4- Analyze research studies aims to enhance his\here academic and professional skills
B.4. Drafting scientific papers	B5- Set up the basics and strategies of scientific research in psychiatric nursing
B.5. Risk assessment in professional practices	B.6 -Predict various factors that place individuals for psychiatric disorders to determine nursing action strategies
B.6. Planning for the development of performance in the area of specialty	B7- Predict the performance development and create new ideas in psychiatric mental health nursing.
B.7. Professional decision-making in different professional contexts	B8- Interpret professional decision in different situation.
B.8. Innovation / Creativity	B9- Create new ideas through continuously enhancing her knowledge in psychiatric nursing and related area B.10- Design nursing actions according to retrieved social- behavioral and nursing and knowledge
B.9. Dialogue and debate based on the evidence	B11- Use evidence based practice

C. Professional and Practical skills	
ARS ILOs	Doctorate Program ILOs
C1. Mastering basic and modern professional skills and modern in the area of specialty	C1- Apply recent professional practice in psychiatric mental health nursing.
C.2. Writing and evaluating professional reports	C2- Write professional report. C3- Illustrate professional report.
C.3. Evaluate and develop existing methods and tools in the area of specialty	C4- Demonstrate methods of practice in psychiatric mental health nursing. C5- Schedule methods of practice in psychiatric mental health nursing.
C.4. The use of technological means to serve the professional practice	C6- Apply information technology in psychiatric mental health nursing.
C.5. Planning for the development of professional practice and development performance of others	C7- Prepare for improving professional practice and staff development.

D. General and Transferable Skills	
ARS ILOs	Doctorate Program ILOs
D.1- Effective communication by all kinds	D1- Use communication skills effectively.
D.2- The use of information technology to serve the development of professional practice	D2- Use information technology for professional practice.
D.3- Teach others and evaluate their performance	D3- Evaluate the performance of academic and field practice nursing.
D.4- Self-assessment and continuous learning	D4- Assess self & continues learning.

D.5- Use different sources to get the information and knowledge	D5- Use different resources for collecting information & knowledge.
D.6- Work and leadership in a team	D6- Work in a team using leadership skills.
D.7- Scientific meetings management and the ability to manage time	D7- Manage scientific meeting and time. D8. Use problem solving skills in dealing with social and cultural conflicts

رقم (121) بتاريخ 2013/2/21	معتمد بموافقة مجلس الكلية
رقم (12) بتاريخ 2019/6/26	تم مراجعته وتحديثه طبقا للمعايير الأكاديمية المرجعية لمجلس القسم العلمي
منسق البرنامج د/ رانيا ربيع الاتربي	رئيس القسم العلمي أ.د/ أمينة النمر



نموذج رقم (11) أ



University: Mansoura

Doctorate : Psychiatric and Mental Health
Nursing

Faculty: Nursing

Department: Psychiatric and Mental
Health Nursing

Matrix of Program ILOs Matching with Program Courses

Courses	Knowledge and Understanding	Cognitive / Intellectual skills	Practical and Professional skills	General Skills
Seminars in the Major Area of specialties	A1, A3, A4, A5, A6, A7, A8	B1 , B4, B5, B7, B8, B10, B11	_____	D1, D4, D6, D7, D8
Seminars in the Minor Area of specialties	A2, A4, A6, A8, A9	B2, B3, B6, B9	_____	D1, D2, D3
Seminars in Basic and Medical sciences Related to the Area of Specialty	A8, A9	B4, B6, B8	_____	D5, D7
Program coordinator Dr. Rania Rabeca		Head of the Department Prof. Amina El-Nemer		

Courses

Specifications

نموذج رقم (12)

جامعة: Mansoura

كلية: Nursing

قسم: Psychiatric and Mental Health Nursing
توصيف مقرر دراسي

1- بيانات المقرر		
Doctorate degree الفرقة/المستوى	Seminars in the Major Area of specialties اسم المقرر ندوات تمريض في مجال التخصص العام	الرمز الكودي DS2
3hrs× 32week =96 hrs -----	نظري عدد الساعات الدراسية عملي	Doctorate Degree in Psychiatric and Mental Health Nursing التخصص

This course aims to equip doctorate psychiatric mental health nursing students with far-reaching knowledge, skills and new trend related to general psychiatric nursing.	2- هدف المقرر
3- المستهدف من تدريس المقرر : By the end of the program the candidate will be able to :	
A1. Recognize the theories, basics & new trends in psychiatric mental health nursing A2. Recognize the necessary skills essential for the care of psychiatric patients with different psychotic disorders. A3. Discuss the cognitive, affective, and behavioral reactions manifested by patient exhibiting various psychiatric conditions A4. List of ethical principles & roles of professional practice in psychiatric mental health nursing. A5. Describe the intervention role of the nurse in management of psychiatric patient in different age group	أ- المعلومات والمفاهيم

<p>A6- Identify the legal aspects of psychiatric nursing practice.</p> <p>A7- Recognize different instruments, tools and psychological assessments in Psychiatric nursing.</p> <p>A8- Understand the basic Knowledge that will promote nursing management of psychiatric disorders.</p> <p>A9- Understand the epidemiology, psychopathology and outcome of psychiatric disorders.</p> <p>A10- Understand and master the biological, psychological and social factors in the development of psychiatric disorders.</p> <p>A11- Describe the intervention role of the nurse in psychiatric emergency and crises intervention</p> <p>A12- Recognize physical and psychosocial attending skills that facilitate therapeutic communication and promote nurse patient interaction</p> <p>A13- Identify the characteristics of mentally healthy people.</p> <p>A14- Identify the characteristics of mentally ill people</p> <p>A15. Explain physiological, socio-cultural, gender, and individual factors influence perception of self and others.</p> <p>A16. Discuss the elements of personality and how personality is formed.</p> <p>A17. Understand wide range of human emotions, and ways of expressing and managing them that are sensitive to socio-cultural and relational contexts.</p> <p>A18. Discuss how to manage stress, cope with life's challenges, and be appropriately assertive.</p> <p>A19. Describe the basic psycho-social influences upon the formation and maintenance of self-concept and interpersonal behavior.</p>	
<p>B1. Interpret psychiatric problems identification ,solving and behave wisdom in urgent situation</p>	<p>ب- المهارات الذهنية الخاصة</p>

<p>B2. Analyze the basics & principles of quality in psychiatric mental health nursing practice.</p> <p>B3. Adjust the knowledge in psychiatric mental health nursing and use it for future plan</p> <p>B4. Predict ability to abstract the general idea from cues of a situation</p> <p>B5. Analyze the available data for solving professional problems.</p> <p>B6- Formulate appropriate management plans for individual patients presenting with the most common psychiatric disorders.</p> <p>B7. Predict factors influencing development and analysis of the accuracy of one's own self-concept, including socio-cultural, gender, and individual influences, and how self-esteem is maintained and changed.</p> <p>B8. Analyze effective and ineffective speaking, listening, coping, assertiveness, emotion management, stress management and conflict management behaviors.</p> <p>B9- Critically analyze and evaluate theoretical perspectives on mental health</p> <p>B10- Prioritize a range of evidence-based interventions, including psychological, biological and complementary.</p>	<p>بالمقرر</p>
<p>-----</p>	<p>ج- المهارات المهنية الخاصة بالمقرر</p>
<p>D1. Use written, electronic and oral communication skills effectively</p> <p>D2. Use different resources for collecting information & knowledge.</p> <p>D3. Communicate in a team work.</p> <p>D4. Demonstrate basic principles of health education and counseling</p> <p>D5. Use effective interpersonal skills in speaking, listening, assertiveness, and conflict management.</p>	<p>د- المهارات العامة</p>

<p>D6. Present effective strategies for coping with stressful situations, motivation, stress management, and increasing happiness.</p> <p>D7. Utilize strategies for improving understanding of others, including perception-checking and paraphrasing.</p> <p>D8 - Use computer skills to review the recent medical literature worldwide in order to improve clinical practice.</p> <p>D9- Give comprehensive information and health education to the patients and their families.</p> <p>D10- Demonstrate issues of confidentiality, ethical and legal practice.</p> <p>D11- Conduct an efficient nurse patient relationship.</p>	
<p>Unit 1: Evidence based psychiatric nursing</p> <p>Unit 2: Self concept and self awareness</p> <p>Unit 3: Stress and stress management</p> <p>Unit 4: Crisis intervention</p> <p>Unit 5: Aggression and anger management</p> <p>Unit 6: Delusional disorders</p> <p>Unit 7: Eating disorders</p> <p>Unit 8 : Personality disorders</p> <p>Unit 9 : Sexual disorders</p> <p>Unit 10 : Adjustment and impulse control disorder</p> <p>Unit 11 : Psychological aspect of infectious disease</p> <p>Unit 12 : Sleep disorders</p> <p>Unit 13 : Homeless psychiatric patient</p> <p>Unit 14 : Child psychiatry</p>	<p>4- محتوى المقرر</p>

1- Interactive Lectures	5- أساليب التعليم والتعلم
According to the faculty procedures to caring for defaulters students	6- أساليب التعليم والتعلم للطلاب ذوي القدرات المحدودة
7- تقويم الطلاب	
A- Assessment Methods 1- Semester summative assessment that include: ----- 2- Final summative assessment that include: a) Oral exam b) Final written exam c) Clinical Exam	أ- الأساليب المستخدمة
1- Semester summative assessment -----	ب- التوقيت
2- Final summative assessment	
<ul style="list-style-type: none"> • a- Oral examination • b- Written examination • c- Clinical examination 	
1-Semester summative assessment ----- 2- Final summative assessment	ج- توزيع الدرجات
<ul style="list-style-type: none"> • a- Clinical examination 75 (21.4%) • b- Oral examination 75 (21.4%) • c- Written examination 200 (57.2%) 	
Total	
8- قائمة الكتب الدراسية والمراجع :	
	أ- مذكرات
	ب- كتب ملزمة

ج- كتب
مقترحه

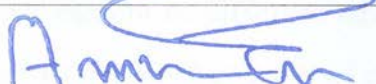
- Halter, M. J. (2017): Varcarolis' Foundations of Psychiatric Mental Health Nursing. A clinical approach. 8th ed. Publisher; Elsevier, Saunders.
- Halter, M. J. (2018): Varcarolis' Manual of Psychiatric Nursing Care Plans. An Interprofessional approach, 6th edition. Elsevier, Saunders.
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- Schultz J. M. & Videbeck S. L., (2009). Psychiatric Nursing Care Plan, 8th edition, China: 346-366.

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- [http:// www.psychweb.com](http://www.psychweb.com).
- <http://www.psychiatrymatters.md>.
- <http://www.psych.org>.
- <http://www.mentalhealth.net>
- <http://www.schizophrenia.com>
- <http://www.alzheimers.org>
- http://www.crescentlife.com/psychstuff/ego_defense_mechanisms.htm,
- http://www.mentalhelp.net/poc/view_doc.php?type=doc&id=4054

د- دوريات
علمية أو
نشرات ..
الخ

مجلس رقم (131) بتاريخ 21/2/2013	معتمد بموافقه مجلس الكلية
مجلس القسم رقم (1) بتاريخ 5/11/2018	تم مراجعته وتحديثه طبقا للمعايير الاكاديمية المرجعيه بتاريخ
رئيس القسم العلمي أ.د/ امينه النمر	منسق المقرر د/ نشوي ابراهيم



University: Mansoura

Course Title: Nursing Seminars in the major

area of Specialty ندوات ترميز في مجال التخصص العام

في مجال التخصص العام

Faculty: Nursing

Code: DS2



Department: Psychiatric and Mental Health Nursing

Doctorate

degree

Matrix of ILOs

Course Content	Teaching Methods	Evaluation Methods	A. Knowledge & Understanding	B. Intellectual Skills	C. Practical & professional Skills	D. General & Transferable Skills
			from A1 to A19	from B1 to B10		from D1 to D11
Evidence based psychiatric nursing	1- Interactive lectures	1- Written examination 2- Oral Exam	A1, A2, A4, A5, A6, A7, A8, A9, A10	B1, B2, B3, B4, B6, B10	D1, D2, D3, D4, D8, D9
Self concept and self awareness			A4, A12, A13, A14, A15, A19	B4, B5, B7, B9	D1, D2, D3, D4, D5, D6, D7
Stress and stress management			A4, A11, A12, A17, A18	B1, B2, B3, B5, B8	D1, D2, D3, D4, D5, D6, D9
Crisis intervention			A2, A4, A6, A7, A11, A12 A17, A18	B1, B2, B3, B5, B8	D1, D2, D3, D4, D5, D6, D9
Aggression and anger management			A1, A2, A3, A6, A7, A11, A17, A18	B1, B2, B3, B4, B6, B8	D1, D2, D3, D4, D9, D10
Delusional disorders			A1, A2, A3, A4, A5, A6, A7, A8, A9	B1, B2, B3, B6	D1, D2, D3, D4, D9, D10, D11
Eating disorders			A1, A2, A3, A5,	B1, B2, B3, B6	D1, D2, D3, D4, D9, D10, D11

		A6, A7		
Personality disorders		A1, A2, A3, A5, A6, A7, A16, A18, A19	B1, B2, B3, B6, B7, B8, B9 D1, D2, D3, D4, D9, D10, D11
Sexual disorders		A1, A2, A3, A5, A7, A12, A17, A18	B1, B2, B3, B6, B8 D1, D2, D3, D4, D9, D10, D11
Adjustment and impulse control disorder		A1, A2, A3, A5, A6, A7, A17	B1, B2, B3, B6 D1, D2, D3, D4, D9, D10, D11
Psychological aspect of infectious disease		A1, A2, A3, A4, A7, A8, A9, A17, A18	B1, B2, B3, B6 D1, D2, D3, D4, D5, D6, D9, D10, D11
Sleep disorders		A1, A2, A3, A7, A17	B1, B2, B3, B6 D1, D2, D3, D4, D9, D10, D11
Homeless psychiatric patient		A1, A2, A3, A7, A8, A9	B1, B2, B3, B6 D1, D2, D3, D4, D9, D10, D11
Child psychiatry		A1, A2, A3, A5, A7, A8, A9	B1, B2, B3, B6, B9 D1, D2, D3, D4, D9, D10
Course coordinator Dr. Nashwa Ibrahim 		Head of the Department Prof. Dr. Amina El-Nemer 		

نموذج رقم (12)

جامعة: Mansoura

كلية: Nursing

قسم: Psychiatric and Mental Health Nursing
توصيف مقرر دراسي

1- بيانات المقرر		
Doctorate degree	الفرقة/المستوى	اسم المقرر Seminars in the Minor Area of specialties ندوات تمرير في مجال التخصص الدقيق
DS3	الرمز الكودي	التخصص
3hrs× 32week =96 hrs	عدد الساعات الدراسية	Doctorate Degree in Psychiatric and Mental Health Nursing
-----	نظري عملي	

2- هدف المقرر
This course aims to equip doctorate psychiatric mental health nursing students with far-reaching knowledge related to the minor area of specialty

3- المستهدف من تدريس المقرر : **By the end of the program the candidate will be able to**

- A1- Review new trends in the psychiatric nursing.
- A2- List issues related to the area of the psychiatric nursing.
- A3-List principles of quality in the psychiatric nursing.
- A4-Review ethical principles in the psychiatric nursing.
- A5- Recognize the contribution of the social sciences to an understanding of health variables: e.g. psychology, sociology and psychic growth science
- A6- Recognize the range of psychological and social caring skills required of patient, clients or groups.
- A7- Identify human rights legislation and implications practice for professional psychiatric nursing.
- A8- State the principles and elements of effective and therapeutic communication and interpersonal skills applied to patient and client care.
- A10- Understand the theoretical underpinnings for the planning of psychological treatments in a wide range of contexts

أ- المعلومات
والمفاهيم

<p>A11- Discuss the psychological effects of chronic illness on interpersonal relationships and intrapersonal</p> <p>A12- Explain specialist contributions of psychodynamic, systemic and cognitive therapeutic approaches to an understanding of team dynamics</p> <p>A13- Discuss the full range of essential physical and mental health needs of people of all ages who come into your care</p> <p>A14- Describe self-awareness in relation to your own mental health and distress through the media of reflection and clinical supervision</p> <p>A15- Describe how physiological, socio-cultural, gender, and individual factors influence perception of self and others.</p>	
<p>B1- Create new ideas in the area of psychiatric nursing.</p> <p>B2- Interact using evidence & reasons in the psychiatric nursing setting.</p> <p>B3- Detect clinical hazards for the psychiatric patients</p> <p>B4 – Adjust the needed information technology applied to the patient, client or client group.</p> <p>B5 - Prioritize emotional and psychological support to patients, clients and careers in changing and stressful situations.</p> <p>B6- Analyze the potential health promotion with patients, clients and careers</p> <p>B7- Interpret the mental disorders and how psychodynamic, cognitive behavioral, systemic and integrative therapy theories and models may be applied in practice showing a sensitive appreciation of application of more than one model applied across the full range of psychiatric disorders</p>	<p>ب- المهارات الذهنية الخاصة بالمقرر</p>
<p>-----</p>	<p>ج- المهارات المهنية الخاصة بالمقرر</p>

<p>By the end of the program the candidate will be able to:</p> <p>D1- Use different resources for collecting information & knowledge</p> <p>D2- Manage scientific meeting and time</p> <p>D3. Use strategies for improving understanding of others, including perception-checking and paraphrasing.</p> <p>D4. Use strategies for management of one's own thoughts, feelings, and behaviors, including different types of psychotherapy</p> <p>D5- Assume managerial roles in different health care settings.</p> <p>D6- Works effectively with a team.</p> <p>D7- Communicates with patient / client with a respect for different values, cultures, intellectual levels and emotional state.</p> <p>D8- Utilize basic of informational technologies in psychiatric nursing field.</p>	<p>د- المهارات العامة</p>
<p>Unit 1: Liaison psychiatry</p> <p>Unit 2: Insight</p> <p>Unit 3: Empathy</p> <p>Unit 4: Hallucinations</p> <p>Unit 5: Use of technology in psychiatric setting</p> <p>Unit 6: Behavioral therapy</p> <p>Unit7: Cognitive therapy</p> <p>Unit8: Cognitive behavioral therapy</p> <p>Unit9: Family therapy</p> <p>Unit 10: Self destructive behavior</p> <p>Unit 11 : Manipulative behavior</p> <p>Unit 12 : Therapeutic use of self</p>	<p>4- محتوى المقرر</p>
<p>1- Interactive Lectures</p>	<p>5- أساليب التعليم والتعلم</p>
<p>According to the faculty procedures to caring for defaulters students</p>	<p>6- أساليب التعليم والتعلم</p>

		للطلاب ذوي القدرات المحدودة
7- تقويم الطلاب		
A- Assessment Methods		
1- Semester summative assessment that include: -----		
2- Final summative assessment that include:		أ- الأساليب المستخدمة
d) Oral exam		
e) Final written exam		
f) Clinical exam		
2- Semester summative assessment -----		
2- Final summative assessment		ب- التوقيت
<ul style="list-style-type: none"> • a- Oral examination • b- Written examination • c- Clinical Examination 	May , November	
1-Semester summative assessment -----		
2- Final summative assessment		ج- توزيع الدرجات
<ul style="list-style-type: none"> • a- Oral examination • b- Written examination • c- Clinical examination 	75 (21.4%) 200 (57.2%) 75 (21.4%)	
Total	350 (100%)	
8- قائمة الكتب الدراسية والمراجع		
		أ- مذكرات
		ب- كتب ملزمة
Halter, M. J. (2017): Varc Carolis' Foundations of Psychiatric Mental Health Nursing. A clinical approach. 8th ed. Publisher; Elsevier, Saunders. Halter, M. J. (2018): Varc Carolis' Manual of Psychiatric Nursing Care Plans. An Interprofessional approach, 6 th edition. Elsevier, Saunders. Black, D., & Andreasen, N. (2014). <i>Introductory textbook of psychiatry: neurodevelopmental (child) disorders</i> , 6 th edition. London: American		ج- كتب مقترحة

Psychiatric Publishing.

Hutchinson K. (2015). Psychiatric-Mental Health Nursing Review and Resource Manual, 5th edition. Publisher; American Nurses Association, Nursing Knowledge Center.

Mary C. Townsend, Karyn I. Morgan (2016). Essentials of Psychiatric Mental Health Nursing: Concepts of Care in Evidence-Based Practice, 7th edition. Publisher; F. A. Davis Company

Mental Health Nursing: Concepts of Care in Evidence-Based Practice, 7th edition. Publisher; F. A. Davis Company

- Callaghan, P. (2012). *Emergencies in mental health nursing: Emergencies associated with children*, 1st edition. China: Oxford University Press.
- Stuart, G. (2013). *Principles and practice of psychiatric nursing: special populations in psychiatry*, 10th edition. China: Mosby, an imprint of Elsevier Inc.
- Videbeck, S. (2011). *Psychiatric-mental health nursing: child and adolescent disorders*, 5th edition. China: wolters kluwer health | lippincott williams & wilkins.
- Schultz J. M. & Videbeck S. L., (2009). Psychiatric Nursing Care Plan, 8th edition, China: 346-366.

- Journal of Psychiatric and Mental Health Nursing.
- International Journal of Mental Health Nursing
- [http:// www.psychweb.com](http://www.psychweb.com).
- <http://www.psychiatrymatters.md>.
- <http://www.psych.org>.
- <http://www.mentalhealth.net>
- <http://www.schizophrenia.com>
- <http://www.alzheimers.org>
- http://www.crescentlife.com/psychstuff/ego_defense_mechanisms.htm,
- http://www.mentalhelp.net/poc/view_doc.php?type=doc&id=4054

د- دوريات
علمية أو
نشرات ..
الخ

مجلس رقم (131) بتاريخ 2013/2/ 21	معتد بموافقته مجلس الكلية
مجلس القسم رقم (1) بتاريخ 2018/11/5	تم مراجعته وتحديثه طبقا للمعايير الاكاديمية المرجعية بتاريخ
رئيس القسم العلمي أ.د/ امينه النمر	منسق المقرر د/ رانيا ربيع الاتريبي

Aminah

نموذج رقم (11أ)

University: Mansoura

Course Title: Nursing Seminars in the minor
area of Specialty

Faculty: Nursing

Code: DS3

Department: Psychiatric and Mental Health

Nursing

ILOs Matrix

Course Content	Teaching Methods	Evaluation Methods	A. Knowledge & Understanding	B. Intellectual Skills	C. Practical & professional Skills	D. General & Transferable Skills
			from A1 to A15	from B1 to B7	-----	from D1 to D8
1. Liaison psychiatry	2- Interactive lectures	3- Written examination 4- Oral Exam	A1, A2, A3, A4, A6, A7, A11, A13	B1, B2, B3, B5, B7	-----	D1,D4
2. Insight			A1, A2, A3, A4, A6, A7	B1, B2, B3, B7	-----	D1,D5, D8
3. Empathy			A1, A2, A3, A4, A6, A7	B1, B2, B3, B5, B7	-----	D4, D3, D6, D7
4. Hallucinations			A1, A2, A3, A4, A6, A7	B1, B2, B3, B7	-----	D4, D5, D6, D7
5. Use of technology in psychiatric setting			A1, A2, A3, A4, A4	B3, A4, B7	-----	D1, D3, D7
6. Behavioral therapy			A3, A4, A8, A10, A12	B3, B5, B7	-----	D1,D2,D5

7. Cognitive therapy			A3, A8, A10, A12	B3, B5, B7	-----	D1,D2,D4
8. Cognitive behavioral therapy			A3, A8, A10, A12	B3, B5, B7	-----	D1,D6,D7
9. Family therapy			A3, A4, A6, A8	B3, B5, B7	-----	D1,D2,D4, D6
10. Self destructive behavior			A3, A7, A14, A15	B3, B5, B7	-----	D1,D2,D3, D7, D8
11. Manipulative behavior			A1, A2, A3, A14, A15	B3, B5, B7	-----	D4, D5, D6, D7
12. Therapeutic use of self			A1, A2, A3, A14, A15	B5, B6, B7	-----	D1,D6,D8
Course coordinator Dr. Rania Rabeea <i>Rania</i>			Head of the Department Prof. Dr. Amina El-Nemer <i>Amina</i>			

نموذج رقم (12)

جامعة: Mansoura

كلية: Nursing

قسم: Psychiatric and Mental Health Nursing
توصيف مقرر دراسي

1- بيانات المقرر		
Doctorate الفرقة/المستوى	Seminars in Basic and Medical sciences Related to the Area of Specialty اسم المقرر ندوات في العلوم الأساسية و الطبية التي لها علاقة بفرع التخصص	DS1 الرمز الكودي
3hrs× 16week = 48 hrs -----	نظري عدد الساعات الدراسية عملي	Doctorate Degree in Psychiatric and Mental Health Nursing التخصص

This course aims to equip doctorate psychiatric mental health nursing students with far-reaching knowledge related to medical basic science of psychiatry

2- هدف المقرر

3- المستهدف من تدريس المقرر : By the end of the program the candidate will be able to

A1. Recognize the theories, basics & new trends in psychiatric medicine & the related areas.

A2. Recognize psychiatric problems

A3- Understand the epidemiology, psychopathology and outcome of psychiatric disorders.

A4- Understand and master the biological, psychological and social factors in the development of psychiatric disorders.

A5. Discuss the cognitive, affective, and behavioral reactions manifested by patient exhibiting various psychiatric conditions

أ- المعلومات
والمفاهيم

B1. Interpret the basics & principles of quality in psychiatric mental

ب- المهارات
الذهنية

<p>health nursing practice.</p> <p>B2. Analyze the knowledge in psychiatric mental health nursing and use it for future plan</p> <p>B3- Prioritize the mental disorders and how psychodynamic, cognitive behavioral, systemic and integrative therapy theories and models may be applied in practice showing a sensitive appreciation of application of more than one model applied across the full range of psychiatric disorders</p> <p>B4- Detect psychiatric principles when deal with psychiatric patient</p> <p>B5- Differentiate between the psychotic and neurotic patients</p> <p>B6- Predict patients with emergent immediately life threatening conditions (Suicide, Excitement, Food refusal, Delirium)</p> <p>B7- Prioritize the treatment modalities for the most common psychiatric disorders</p>	<p>الخاصة بالمقرر</p>
<p>-----</p>	<p>ج- المهارات المهنية الخاصة بالمقرر</p>
<p>By the end of the program the candidate will be able to:</p> <p>D1. Use communication skills</p> <p>D2. Use different resources for collecting information & knowledge.</p> <p>D3. Use strategies for management of one's own thoughts, feelings, and behaviors, including different types of psychotherapy</p> <p>D4- Assume managerial roles in different health care settings.</p> <p>D5- Works effectively with a team.</p> <p>D6- Communicates with patient / client with a respect for different values, cultures, intellectual levels and emotional state.</p>	<p>د- المهارات العامة</p>
<p>Unit 1: Learning disorders</p>	<p>4- محتوى المقرر</p>

Unit 2: Sleep disorders Unit 3: Adjustment and impulse control disorders Unit 4: Sexual disorders Unit 5: personality disorders Unit 6: Dissociative disorders Unit 7: Psychosomatic disorders Unit 8 : Liaison psychiatry		
1- Interactive Lectures		5- أساليب التعليم والتعلم
Not Relevant		6- أساليب التعليم والتعلم للطلاب ذوي القدرات المحدودة
		7- تقويم الطلاب
A- Assessment Methods 1- Semester summative assessment that include: ----- 2- Final summative assessment that include: g) Oral exam h) Final written exam i) Clinical exam		أ- الأساليب المستخدمة
3- Semester summative assessment -----		ب- التوقيت
2- Final summative assessment		
<ul style="list-style-type: none"> • a- Oral examination • b- Written examination • c- Clinical Examination 	May , November	
1-Semester summative assessment		ج- توزيع

2- Final summative assessment

- a- Oral examination 50 (16.6%)
- b- Written examination 200 (66.8%)
- c- Clinical examination 50 (16.6%)

Total	300 (100%)	
8- قائمة الكتب الدراسية والمراجع :		
		أ- مذكرات
		ب- كتب ملزمة
<ul style="list-style-type: none"> • Roberts W., Hales R., Yudofsky S. (2019). The American Psychiatric Association Publishing Textbook of Psychiatry 7th Edition, Publisher: Amer Psychiatric Pub Inc; 7 edition (April 24, 2019) • Peter Byrne (2008), Nicola Byrne Psychiatry: Clinical Cases • American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Arlington, VA: Author. • Puri B. & Treasden I. (2011). Textbook of Psychiatry, 3rd edition. Publisher; Elsevier. • Sadock B., Sadock V. & Ruiz P. (2009). Kaplan and Sadock's Comprehensive Textbook of Psychiatry , 9th edition. Publisher: LWW 		ج- كتب مقترحة
<ul style="list-style-type: none"> • Journal of Psychiatric and Mental Health Nursing. • International Journal of Mental Health Nursing • http:// www.psychweb.com. • http://www.psychiatrymatters.md. • http://www.psych.org. • http://www.mentalhealth.net • http://www.schizophrenia.com • http://www.alzheimers.org • http://www.crescentlife.com/psychstuff/ego_defense_mechanisms.htm, • http://www.mentalhelp.net/poc/view_doc.php?type=doc&id=4054 		د- دوريات علمية أو نشرات .. الخ

مجلس رقم (131) بتاريخ 2013/2/ 21	معتمد بموافقته مجلس الكلية
مجلس القسم رقم (1) بتاريخ 2018/11/5	تم مراجعته وتحديثه طبقا للمعايير الاكاديمية المرجعية بتاريخ
رئيس القسم العلمي أ.د/ امينه النمر	منسق المقرر د/ رانيا ربيع الأتربي



نموذج رقم (11)

University: Mansoura

Course Title: Seminars in Medical Basic sciences

Related to the Area of Specialty


Faculty: Nursing

Code: DS1

Department: Psychiatric and

Mental Health Nursing

ILOs Matrix

Course Content	Teaching Methods	Evaluation Methods	A. Knowledge & Understanding	B. Intellectual Skills	C. Practical & professional Skills	D. General & Transferable Skills
			from A1 to A5	from B1 to B7		from D1 to D6
1- Learning disorders	1- Interactive lectures	1- Written examination 2- Oral Exam	A1,A2,A3	B1,B2, B3	D1,D2,D3, D5
2- Sleep disorders			A1,A2,A3	B1,B2	D1,D2,D3
3- Adjustment and impulse control disorders			A3	B2, B5, B7	D4, D5, D6
4- Sexual disorders			A1,A4	B2,B4, B7	D4, D5, D6
5- personality disorders			A1,A2,A3,A5	B1,B3,B5	D1, D5
6- Dissociative disorders			A1,A2,A3,A5	B1,B3,B6	D1,D2,D5
7- Psychosomatic disorders			A1,A2,A3,A5	B1,B3,B6	D1,D2,D4
8-Liaison psychiatry			A1,A2,A3,A5	B1,B3,B5, B7	D1,D6
Course coordinator Dr. Rania Rabeea 			Head of the Department Prof. Dr. Amina El-Nemer 