

توصيف مقرر دراسي

<b>1- بيانات المقرر</b>		
<b>3<sup>rd</sup> level</b> <b>2018-2019</b>	Psychiatric and Mental Health Nursing	NSC 801
الفرقة/المستوى:	اسم المقرر:	الرمز الكودي:
3 (credit) hrs.	نظري	B.Sc. in Nursing
3 (credit) hrs.	عملي	
		التخصص:

<p><b>Aim:</b> This course aims to provide students with the basic concepts, principles and practical skills needed to promote mental health through the life stages as well as to care for the mentally ill individuals. In addition to studying of mental, emotional, and behavioral manifestations, as well as applying nursing processes that help in the providing nursing intervention to improve the mental health of patients in places of psychiatric services.</p>	<b>2- هدف المقرر:</b>
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<b>Objectives:</b> By the end of this course , the student should be able to:	<b>3- المستهدف من تدريس المقرر:</b>
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<p>A1. Recognize the theories, basics &amp; new trends in psychiatric mental health nursing</p> <p>A2. Recognize the necessary skills for the care of psychiatric patients with different psychotic disorders.</p> <p>A3. Identify the psychopharmacological agents, its use, side effects and different nursing managements.</p> <p>A4. Describe the cognitive, affective, and behavioral reactions manifested by patient exhibiting various psychiatric conditions</p> <p>A5. Identify of ethical principles &amp; roles of professional practice in psychiatric mental health nursing.</p> <p>A6. Describe the intervention role of the nurse in management of psychiatric patient in different age group.</p>	أ- المعلومات والمفاهيم:
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<p>B1. Apply assessment of psychiatric problems to solve and behave wisdom in urgent situation</p> <p>B2. Utilize the basics &amp; principles of quality in psychiatric mental health nursing practice.</p> <p>B3. Prioritize critical thinking and Judgment as an important nursing skill in nursing practice to assess the knowledge in psychiatric mental health nursing and use it for future plan</p> <p>B4. Apply reasoning skills in solving professional problems.</p>	<p>ب- المهارات الذهنية الخاصة بالمقرر:</p>
<p>C1. Implement patient interviewing, and mental health assessment</p> <p>C2. Apply psychological and mental assessment.</p> <p>C3. Apply neurological assessment.</p> <p>C4. Intervene to mentally ill patients based on nursing standards of practice, institutional policies and procedures</p> <p>C5. Perform complete and accurate health assessment records including a clear decision about health needs /problems.</p> <p>C6. Perform complete and accurate nursing care plane.</p> <p>C7. Measure accurately the implemented nursing actions.</p> <p>C8. Demonstrate ability to abstract the general idea from cues of a situation</p>	<p>ج- المهارات المهنية الخاصة بالمقرر:</p>
<p>D1. Use written, electronic and oral communication skills effectively</p> <p>D2. Determine effectively different resources for collecting information &amp; knowledge.</p> <p>D3. Apply teamwork strategies</p> <p>D4. Use basic principles of health education and counseling</p> <p>E.1 Apply principles of communication with psychiatric patients with respect to principles and ethics of psychiatric and mental health nursing.</p>	<p>د- المهارات العامة:</p>
<p><b><u>Chapter I</u></b> Nurse-patient relationship</p>	<p>4- محتوى المقرر:</p>

<p>Psychiatric principles</p> <p><b><u>Chapter II</u></b></p> <p>Mood disorders</p> <p>Schizophrenia</p> <p>Delusional disorder</p> <p>Abusive behavior</p> <p><b><u>Chapter III</u></b></p> <p>Milieu therapy</p> <p>Community mental health nursing</p> <p>Treatment modalities</p> <p><b><u>Chapter IV</u></b></p> <p>Pharmacological therapy</p> <p>E . C. T</p> <p><b><u>Chapter V</u></b></p> <p>Symptomatology</p> <p>Psychiatric emergency</p> <p>Activity therapy</p> <p>Limit setting</p>	
<p><b>1- Interactive Lectures</b></p> <p><b>2- Small group work</b></p> <p><b>3-Case study and mental status examination sheet</b></p> <p><b>4-Assignment reports.</b></p>	<p>5- أساليب التعليم والتعلم :</p>
<p>According to the faculty procedures to caring for defaulters students</p>	<p>6- أساليب التعليم والتعلم للطلاب ذوي القدرات المحدودة :</p>
	<p>7- تقويم الطلاب :</p>
<p><b>1- Semester work</b></p> <p>a- Assignment report</p> <p>b- Quizzes.</p>	<p>أ- الأساليب المستخدمة:</p>

<b>2- Summative assessment that include</b>		
a- Written examination:		
b- OSCE		
c- oral exam		
<b>1- Semester summative assessment</b>		
a- Assignment report	2 <sup>th</sup> up to 13 <sup>th</sup> week	ب- التوقيت:
b- Quizzes	5 <sup>th</sup> week & 10 <sup>th</sup> week	
<b>2- Final summative assessment</b>		
a- Oral examination	After the final written exam	
b- Written examination	Two weeks after the end of 1 <sup>st</sup> semester	
<b>1-Semester summative assessment</b>	<b>Degree</b>	ج- توزيع الدرجات:
a- Assignment report	180 (30%)	
b- Quizzes	60 (10%)	
<b>2- Final summative assessment</b>		
a- OSCE	90 (15%)	
b- Oral exam	30 (5%)	
c- Written examination	240 (40%)	
<b>Total</b>	<b>600 (100%)</b>	
<b>8- قائمة الكتب الدراسية والمراجع :</b>		
-		أ- مذكرات
-		ب- كتب ملزمة:
<ul style="list-style-type: none"> <li>• Varcariolis, E., &amp; Halter, M. J. (2015): foundations of Psychiatric Mental Health Nursing. A clinical approach. 6th ed. Elsevier, Saunders.</li> <li>• Varcariolis, E. (2016): Manual of Psychiatric Nursing Care Plans. Diagnoses, Clinical Tools, and Psychopharmacology, 4th ed., Elsevier, Saunders.</li> <li>• Black, D., &amp; Andreasen, N. (2017). <i>Introductory textbook of psychiatry: neurodevelopmental (child) disorders</i>, 6<sup>th</sup> edition. London: American Psychiatric Publishing.</li> <li>• Psychiatric Mental Health Nursing: Concepts of Care in Evidence-Based Practice, Mary C. Townsend, Karyn I. Morgan, F. A. Davis Company, 2017</li> <li>• Callaghan, P. (2016). <i>Emergencies in mental health nursing: Emergencies associated with children</i>, 1<sup>st</sup> edition. China: Oxford University Press.</li> <li>• Stuart, G. (2017). <i>Principles and practice of psychiatric nursing: special</i></li> </ul>		ج- كتب مقترحه:

<p><i>populations in psychiatry</i>, 10<sup>th</sup> edition. China: Mosby, an imprint of Elsevier Inc.</p> <ul style="list-style-type: none"> <li>• Videbeck, S. (2016). <i>Psychiatric-mental health nursing: child and adolescent disorders</i>, 5<sup>th</sup> edition. China: wolters kluwer health   lippincott williams &amp; wilkins.</li> <li>• Schultz J. M. &amp; Videbeck S. L., (2015). <i>Psychiatric Nursing Care Plan</i>, 8<sup>th</sup> edition, China: 346-366.</li> </ul>	
<p>Journal of Psychiatric and Mental Health Nursing. International Journal of Mental Health Nursing <a href="http://www.psychweb.com">http:// www.psychweb.com</a>. <a href="http://www.psychiatrymatters.md">http://www.psychiatrymatters.md</a>. <a href="http://www.psych.org">http://www.psych.org</a>. <a href="http://www.mentalhealth.net">http://www.mentalhealth.net</a> <a href="http://www.schizophrenia.com">http://www.schizophrenia.com</a> <a href="http://www.alzheimers.org">http://www.alzheimers.org</a> <a href="http://www.crescentlife.com/psychstuff/ego_defense_mechanisms.htm">http://www.crescentlife.com/psychstuff/ego_defense_mechanisms.htm</a>, <a href="http://www.mentalhelp.net/poc/view_doc.php?type=doc&amp;id=4054">http://www.mentalhelp.net/poc/view_doc.php?type=doc&amp;id=4054</a></p>	<p>د- دوريات علمية أو نشرات .. الخ</p>

مجلس رقم (134) بتاريخ 2014/6/18

مجلس القسم بتاريخ 2018/11/5

منسقا المقرر: د/ محمد علي زرمبه  
د/ احمد هاشم السيد

معتمد بموافقه مجلس الكليه

تم مراجعته وتحديثه طبقا للمعايير الاكاديميه القوميه المرجعيه بتاريخ

رئيس القسم العلمي: أ.د/ امينه النمر