

# Nutritional Assessment

$$\frac{\text{Weight (kg)}}{[\text{Height (m)}]^2}$$

Body Mass Index



Calf Circumference



Mid Upper Arm Circumference

Measure Waist Circumference

Skin Fold Thickness





# TYPES OF SPLINT

## Shoulder Splint



## Tibia and Fibula Splint



## Femoral Splint



## Hand / Wrist Splint



## Forearm Splint



## Humeral Splint



## Elbow splint



## Knee Splint



## Pelvic Splint



## Ankle / Foot Splint



Under Supervision of

AI /Mohamed H Eid

Prepared By Group/ (F)

Course Coordinator:  
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## *Cardiovascular System Assessment*

Prepared By G9-G10  
Under supervision of:  
Dr. Aya Ahmed Hassan

Course Coordinator:  
Assist Prof Dr Hand E Sayed  
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Head Of The Department:  
Prof Dr Nehad Kandoli

### Percussion of The Heart



Lip Color

Inspection

Jugular Venous Pressure

Nail Bed Color

Capillary Refill

Carotid Artery

Palpation

Apical Pulse

Auscultation

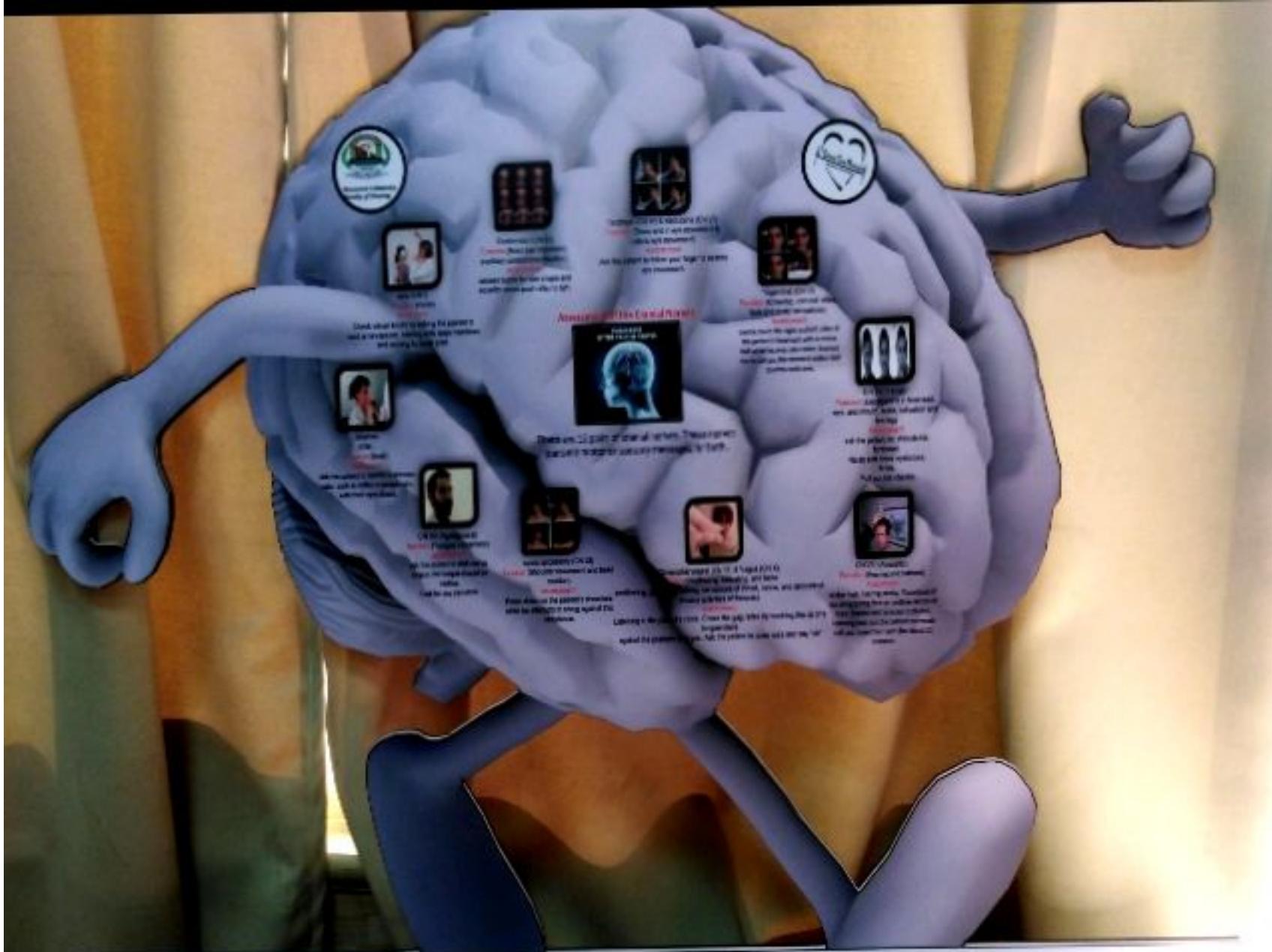
Arterial Pulse

Auscultation

Heart Sounds

Carotid Artery

Patient Position During Auscultation Of Heart Sounds

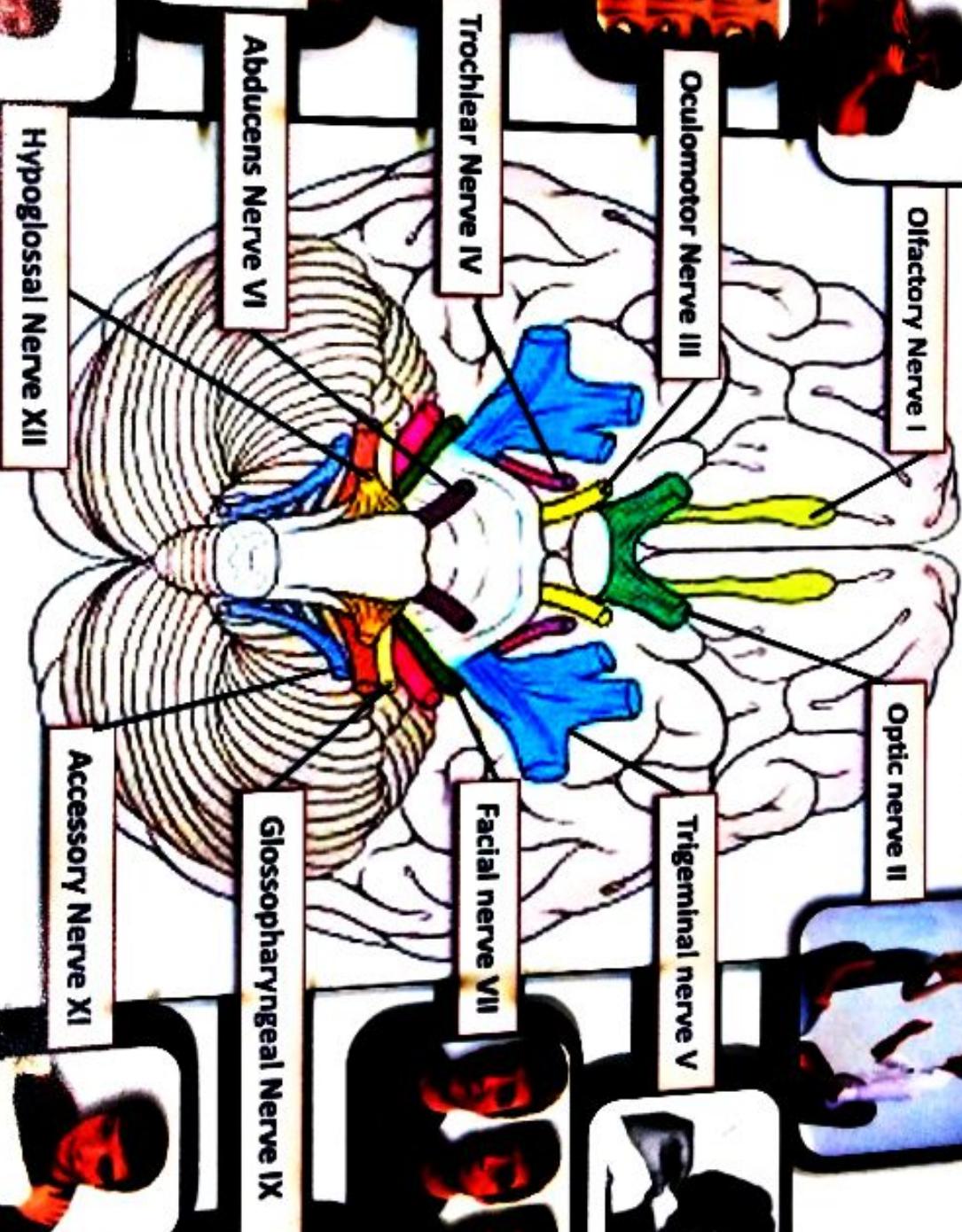


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## Cranial Nerve Assessment



Prepared by: G (A6/AIO)  
Under supervision of: AL/ Nagwa Yehya



Faculty of Nursing  
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Critical Care & Emergency  
Nursing Department  
Health Assessment  
First Level , Semester 2

### Integumentary system assessment

Inspect and Palpate the Hair



Observe the hair color



Assess the distribution of the hair



Inspect and Palpate the skin

Assessing dryness & Texture



Assess Skin Thickness

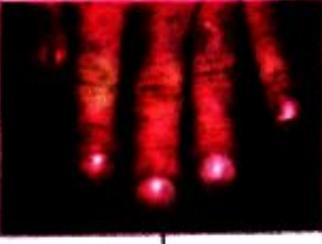


Assess the temperature



Inspect and Palpate the Nails

Assess the shape of the nail



Cyanosis



Pallor



Erythema



Jouundice



Prepared by:  
G (E6 To E10)

Undersupervision of:  
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## Muscle Strength Assessment





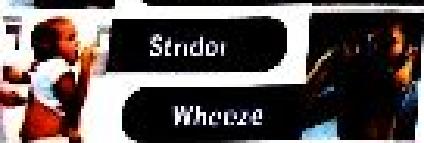
## Respiratory System Assessment

### History Taking

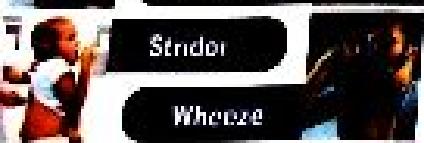
Take a detailed history of present problem and relevant past history.



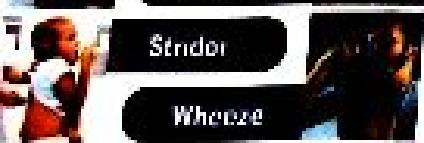
Cough and Expectoration



Orthopnea



Stridor



Wheeze



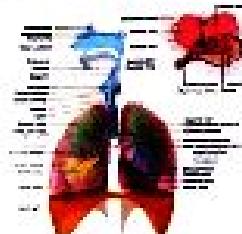
Hemoptysis



Dyspnea



Chest pain



### Inspection

Look for clinical findings

Chest wall symmetry



Accessory muscle use



Papillary recruitment



Respiratory rate and pattern



Abnormalities and scars



Symmetry of the structures and the skin of the anterior and posterior thorax



### Palpation

Palpation for tenderness



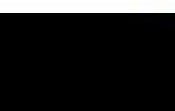
Flail



Concavity (hernia)



### Physical Examination



### Auscultation

Perceptual abilities



Under Supervision

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Head of the Department

Prof.Dr. Nahed kandeel

Prepared By Group:

B1 To B5

## Cardiovascular System Assessment

### History

**Common symptoms:** Chest pain, dyspnea, cough, cyanosis and pallor, edema.

Chest Pain

Dyspnea

Cough

Cyanosis and Pallor

Edema

### Techniques of Physical Examination

#### Inspection



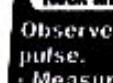
#### General Appearance

- Facial expression.
- Nutritional status.
- Emotional state.
- Color of lips and conjunctiva.
- Note skin color, temperature, turgor, and texture.
- Fingers clubbing.
- Presence of yellowish plaques on the eyelids (xanthelasma).

Clubbing



Xanthelasma



#### Palpation



#### Percussion



#### Auscultation



- Auscultate heart sounds looking for the following:
  - a) Mitral area.
  - b) Tricuspid area.
  - c) Pulmonary area.
  - d) Aortic area.

#### Heart sounds:



- I. Change in the beginning of mitral valve contraction. Associated with: Change of color and strength of pulse. Change in the end of the mitral valve contraction.
- II. Change in the end of the mitral valve contraction. Associated with: Change of color and pallor, change in heart rate and rhythm, change while doing activities of daily living.
- III. Associated with: Abnormal heart sounds.
- IV. Associated with: Palpitations and hypertension on exertion.

#### Measuring Jugular Vein



#### Observe Carotid Pulse



#### Chest

Look for the following:

- Pulsations.
- Symmetry of movement.
- Retractions.
- Heaves.
- Location of the apical impulse.



#### Extremities

Examine the extremities for:

- Arms equal in size.
- Legs symmetry.
- The abnormalities in fingernails and toenails.
- Capillary refill.

**Prepared By Group  
B (6 & 7 & 8 & 9 & 10)**

**Under Supervision:  
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**Trauma  
Room**





Critical care & Emergency Nursing Department  
Fourth Level- Second Semester 2021-2022  
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