



Psychiatric and Mental Health Nursing Department

Community service and Environmental development Affairs plan in the Department of Psychiatric Nursing and Mental Health Academic year. 2023/2024.

| Indicators of success | Time period | Responsible for implementation | Place of implementation | The goal | Target group | Activity |
|---|---------------|---|--|---|---|--|
| Increasing awareness among new college students | October 2023 | Prof/Mona ElBilsha | College of Nursing | Educating college students on how to deal with stress during study and exams | New students in college | - Symposium entitled Dealing with psychological stress for new students |
| Increasing awareness among high school students | December 2023 | Prof/Mona ElBilsha Assist.Prof/ Rania Rabie | Faculty of Nursing, Mansoura University | Educating students on how to deal with stress during study and exams | College students through practical training | A symposium entitled Mechanisms for dealing with stress during study and exams |
| Increasing awareness among parents of blood children of their psychological pressures and improving | March 2024 | Prof/Mona ElBilsha Assist prof / Abeer Saleem | Oncology center Children's Hospital | Increasing awareness among parents of children with tumors about their psychological pressures and how to deal with | Parents of children with tumors | Psychosocial support to deal with the burden of caring for children with tumor |

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| mechanisms for dealing with them | | | | them | | |
| Increasing awareness of the importance of social support for patients at the Oncology Center at Mansoura University | March 2024 | Prof/Mona El-Bilsha | Oncology Center at Mansoura University | Providing psychological support and emphasizing the importance of social support for patients at the Oncology Center at Mansoura University | Patients of the Oncology Center at Mansoura University | A symposium entitled Psychosocial support for patients at the Oncology Center at Mansoura University |

Follow: The plan for community service and environmental development Affairs in the Department of Psychiatric Nursing and Mental Health for the academic year 2023/2024

| Indicators of success | Time period | Responsible for implementation | Place of implementation | The goal | Target group | Activity |
|--|--------------------|--|-------------------------------------|---|--|--|
| Providing psychological support and increasing social support for patients at the Burn Center at Mansoura University | April 2024 | Dr.. Shaima Abdel Basset Fourth year students during practical training | Burns Center at Mansoura University | Providing psychological support and emphasizing the importance of social support for patients at the burn Center at Mansoura University | Patients of the Burn Center at Mansoura University | A - symposium entitled Psychological and social support at the Burns Center at Mansoura University |
| Increase their awareness of their psychological pressures and improve their coping mechanisms | April 2024 | Prof/Mona El-Bilsha | Inside the university | Increase their awareness of their psychological pressures and how to deal with them | College students through practical training | Strengthening psychological counseling within the university |
| Increase students' | April 2024 | Prof/Mona El-Bilsha | Faculty of Nursing, | Increase students' | College students | The dangers of smoking for |

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| awareness of the dangers of smoking | | | Mansoura University | awareness of the dangers of smoking | through practical training | college students |
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Head of the Department of Psychiatric Nursing and Mental Health

Prof/ Mona El Bilsha